

Acupuncture Manual Atlas

The Photographic Atlas of Acupuncture
Atlas of Acupuncture
Anatomical Atlas of Chinese Acupuncture Points
Pocket Atlas of Acupuncture
A Handbook of Traditional Chinese Gynecology
Pictorial Atlas of Acupuncture
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Ear Acupuncture

The Photographic Atlas of Acupuncture

The SEIRIN pictorial atlas of acupuncture is a new kind of manual. It illustrates the whole range of acupuncture points and main channels, the extraordinary vessels Ren Mai and Du Mai, and the extraordinary points in a systematic and clear way. Each of the 409 important points is clarified through a series of three different illustrations: a graphic indicates location on the body; an overview of channels illustrates the point in the context of its pathway; a photograph shows the acupuncture needle in position. By combining Chinese sources with the authors' experience in therapy this book features a sensible balance between the most important indications and practical needs. The names, properties, and applications of the individual acupuncture points were then revised on this basis. The team of Chinese and German authors creates a bridge between Asian and western views of acupuncture. This acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but experienced practitioners can also learn about seldom used acupuncture points and this extend their knowledge"--Dust jacket.

Atlas of Acupuncture

A novelty to the international market both in concept and realization, this pocket atlas allows the reader to both effectively learn and quickly reference ear acupuncture points. Clear, simple images accompany concise and "to-the-point" texts creating an educational tool for the localization of ear acupuncture points. The resourcefulness of the book is increased by the inclusion of the projection of the body meridians onto the auricle according to Bahr. Besides, "prescriptions" of point combinations according to some indications are included. The reader will profit from the extensive international teaching experience of Beate Strittmatter.

Through her former teacher, Frank Bahr, who cooperated directly with Dr. Paul Nogier, she stands in the direct tradition of the founder of Western auriculotherapy.

Anatomical Atlas of Chinese Acupuncture Points

This presentation uses anatomically precise, computer-generated reconstructed images of the human body for three-dimensional presentation of acupuncture points and channels. The CD component is fully interactive and allows the user to see through tissue layers, remove tissue layers, and rotate structures so that specific acupuncture points can be v

Pocket Atlas of Acupuncture

Providing clear information on the full range of acupuncture points and main channels in a systematic and clear way, this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but can also be used by experienced practitioners to extend their knowledge.

A Handbook of Traditional Chinese Gynecology

The Treatment of Diabetes Mellitus with Chinese Medicine is a textbook and a clinical manual on the Chinese medical treatment of diabetes mellitus (DM) and its many complications. Each facet of this complex condition is discussed in terms of its Western medical definition, epidemiology, etiology, pathophysiology, diagnosis, current standards of care, complications, and treatment plans. This text outlines goals of therapeutic care, general considerations, diet & exercise, patient education, blood glucose monitoring and much more. This text discusses: * Gestational Diabetes * Diabetic Ketoacidosis * Diabetic Hypertension * Diabetic Hyperlipoproteinemia * Diabetic Retinopathy * Diabetic Neuropathy * Common opportunistic infections in patients with diabetes * Patient adherence and practitioner monitoring * Appendix of Chinese medicinals, and Western pharmaceuticals.

Pictorial Atlas of Acupuncture

Point location book written in easy to understand terms, for the layperson.

Atlas of Acupuncture

A flexi textbook that contains information on all the major body and ear acupuncture points, as well as an extensive coverage of trigger points. The text is augmented by 126 illustrations pertaining to body acupuncture, 48 illustrations on ear acupuncture, and 114 illustrations on trigger points. The description of each point includes: exact location depth of needling indication function in TCM The different schools of ear acupuncture (e.g., Chinese vs. Nogier), often a source of confusion for many practitioners, are presented side-by-side. While the terminology of the points follows Chinese standards for acupuncture, the body parts are named following up-to-date anatomical nomenclature, and the description of trigger points

also mentions the respective muscle and pain projection zones. Illustrations include color photographs and clear full-color drawings.

Chinese Herbal Medicine

Meridian therapy is a school of Japanese acupuncture which is distinguished by its emphasis on the classics, its utilization of the five-phase points in treating the root of disease, and the importance which it attaches to palpatory skills in diagnosis and point location. Japanese Classical Acupuncture: Introduction to Meridian Therapy is noted for the clarity and simplicity of its style, and is the most highly regarded introduction to this subject in Japan. The theoretical and historical basis, diagnostic framework and treatment strategies of meridian therapy are discussed in detail. The author provides a step-by-step introduction to pulse and abdominal diagnosis, and explains how to incorporate the concepts and techniques of meridian therapy into other styles of acupuncture. The text is interwoven with case histories and anecdotes from the author's lengthy practice. Extensively edited in collaboration with the author to fit the needs of Western acupuncturists, this book opens the door to Japanese classical acupuncture for Western practitioners.

The Spark in the Machine

A companion to A Manual of Acupuncture, there are 384 durable point reference and study cards covering all 391 of the 14 channel and extra (miscellaneous) points. Each card measures 4" x 6", and most are devoted to a single point. This second edition of the point cards offers a new terra cotta storage case, two-color cards, the addition of pinyin accents, and updated point locations and location notes to match the latest edition of A Manual of Acupuncture.

Interactive Medical Acupuncture Anatomy

Skillfully integrating traditional concepts of Chinese medicine with clinical experience and modern scientific research, Acupuncture for Dogs and Cats brings together all current information in one convenient book. Its atlas-style format, highlighted by hundreds of full-color photographs and supporting text, makes it ideal as a quick, user-friendly reference in the clinic or training program. Special Features: An easy-to-use, double-page spread designed for fast retrieval of information--on the left, concise text describes the effects, indications, localization, technique, and depth of insertion for each acupuncture point; on the right, high-quality photographs demonstrate all concepts. Bones and muscles have been precisely drawn into each photograph, a valuable tool for localization of points. A comprehensive discussion of all acupuncture points in all channels ensures that you have full mastery of the field. A complete introduction to the principles of traditional Chinese medicine (TCM), channel systems, TCM diagnostics, point selection, and point categories (such as Ting or Luo points) provide a strong foundation in the concepts of veterinary TCM. The only book to focus solely on acupuncture for small animals, this handy, pocket-size atlas is unique in the field. It offers a wealth of practical knowledge and a pictorial reference for veterinarians, animal acupuncturists, students, and trainees whose goal is to provide the highest level of treatment to the animals in their care.

Acupuncture in the Treatment of Depression

This unique atlas provides the acupuncturist with an easily accessible reference to acupuncture points and meridians in relation to surface anatomy.

Pocket Atlas of Tongue Diagnosis

An indispensable tool for all acupuncturists, this encyclopedia provides extensive photographs and illustrations to help students and practitioners find the precise locations of acupuncture points, helping them to understand the overall energy network in three dimensions. Photographs of human bodies, many of which have the bone, muscular, or organ systems superimposed for ease of use, detail the main meridians, secondary circuits, and internal branches, making this highly detailed resource practical and comprehensive. Whether referenced in a classroom or during a consultation, this guide, which has been approved by the College of Chinese Medicine, is the go-to resource for the study and practice of this healing art.

Acupuncture Points Handbook

Sound healing therapy is rapidly gaining recognition as an important complementary medicine modality; this ground-breaking book uniquely presents techniques, based upon Chinese medicine theory, for integrating the use of precision calibrated Ohm planetary tuning forks and acupuncture needles, to create a new modality, Vibrational Acupuncture™. The chapters include: An overview of Quantum Music Theory™ Guidelines for using tuning forks with or without needles Insights into our genetic imprint, the Eight Extraordinary meridians Anti-exhaustion treatments for readers caught in an excessively busy and dissonant world Treatments for saggy neck and temporomandibular joint dysfunction (TMJ) Treatments for balancing the twin hemispheres of the brain, and alchemically lacing the Three Jiaos An introduction to vibrational remedies and more An overview of the use of healing sound as a palliative to global technological addiction, and how it restores essential harmony to a world that is seriously out of balance

The Acupressure Atlas

It is an atlas of Acupuncture points and Meridians. All the Acupuncture points are described in simple and easy language. This book includes the following chapters: What is Acupressure Lung Meridian Large Intestine Meridian Stomach Meridian Spleen Meridian Heart Meridian Small Intestine Meridian Bladder Meridian Kidney Meridian Pericardium Meridian Triple Warmer Meridian Gall Bladder Meridian Liver Meridian Conception Vessel Meridian Governing Vessel Meridian

A Manual of Acupuncture

Color Atlas of Acupuncture

Chinese Herbal Medicine gathers the herbal formulas of master practitioner Dr. John H. F. Shen in one volume for the very first time. Not only does it incorporate the experience of Dr. Leon Hammer, who studied directly under Dr. Shen for nearly three decades, but it also presents the stimulus, rationale, and thinking behind many of the formulas Dr. Shen created. This book is a unique compendium that includes expert analysis and commentary by the authors along with the clinically-tested herbal formulas used to treat conditions that affect people from infancy to old age. Special Features: Logically organized in two sections: the first by standard medical systems ranging from cardiovascular to respiratory; and the second by life cycle progression and developmental milestones Offers valuable insights on the etiology, symptoms, pathogenesis, and clinical signs of each disease Combines pulse diagnosis with herbal medicine for superior therapeutic outcomes Builds on the prominent Ding-Menghe lineage in Chinese medicine, dating back to the early 1600s Offering a window into the mind and practice of one of the greatest innovators in Chinese medicine, and integrating the knowledge and expertise of two foremost modern practitioners, this book is the only complete source available on Dr. Shens herbal heritage. It is essential reading for all Chinese medicine practitioners, herbalists, and other medical professionals prescribing herbs.

Practical Atlas of Tung's Acupuncture

The PA of Acupuncture provides the reader with a brief overview of the history of acupuncture in China and Europe, it describes the underlying principles of Chinese medicine and how it differs from Western medicine, and it looks at the way Western medicine attempts to explain the effects achieved by acupuncture therapy. The main focus of this book is the presentation of the 361 classic acupuncture points giving details of their locations, the way they are classified, their actions and indications, as well as the needling techniques to be used. On the pages facing the descriptions, there are precise anatomical drawings showing the paths of the channels and the points located on them.

Soliman's Atlas of Auricular Therapy & Treatment Manual

This pioneering book unites both western and traditional Chinese medicine to present a step-by-step methodology for evaluating and treating depression with acupuncture. Using research-oriented trials, it addresses fundamental issues in acupuncture research and offers guidelines for the design of acupuncture treatment studies. Provides guidelines for developing appropriate treatment principles, and selecting and combining the correct acupuncture points Offers clinical guidelines for treating people with depression, including dealing with acute symptoms, assessing the risk of suicide, and when to make a prompt referral Presents case histories, both successfully and unsuccessfully treated Reviews definitions of depression in western psychiatry and psychology, including epidemiology, etiology, differential diagnosis and conventional treatments Describes the causes and progression of depressive symptoms from a Chinese perspective Outlines each specific pattern of imbalance encountered in depression, how to differentiate signs and symptoms according to Traditional Chinese Medicine Gives a comprehensive overview of research issues in acupuncture, outlining advantages and disadvantages of different treatment study design The design and result of the authors' pilot study, funded by the NIH, are given to illustrate a model

for acupuncture treatment research.

Acupuncture for Dogs and Cats

Providing clear information on the full range of acupuncture points and main channels in a systematic and clear way, this acupuncture atlas not only provides beginners with an overview of the most important acupuncture points, but can also be used by experienced practitioners to extend their knowledge.

Atlas of Chinese Acupuncture

Together with taking the pulse, observing the tongue forms an integral part of the "examination" which is needed to make a Chinese medical diagnosis. This Color Atlas is concise and to the point. The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies, thus deepening the reader's understanding of tongue diagnosis. The clearly written text is augmented by high-quality, full-color images. Together with taking the pulse, observing the tongue forms an integral part of the "examination" which is needed to make a Chinese medical diagnosis. This Color Atlas is concise and to the point. The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies, thus deepening the reader's understanding of tongue diagnosis. The clearly written text is augmented by high-quality, full-color images.

Traditional, Complementary and Alternative Medicine

Atlas of Osteopathic Techniques

Soliman's Atlas is a perfect reference guide for any practitioner studying auricular therapy. With over 130 color illustrations, this Atlas provides the reader with an easy-to-understand manual for treating specific areas of the body. Features the three-phase auricular acupuncture microsystem in a three-color format. The appendix features treatment suggestions for over 50 conditions.

Vibrational Acupuncture

The most detailed exposition of the vessels in the English language.

Elements of Auriculotherapy

Auriculotherapy is a form of acupuncture that focuses on the use of the ear as a localized reflex system connected to the central nervous system. It refers to stimulation of specific points on the auricle of the external ear for the diagnosis and treatment of health conditions in other parts of the body. Stimulation of the points can be achieved using several different methods such as: manual pressure; acupuncture needles; electrical stimulation; lasers; magnets; and ear pellets/seeds.

WHO Standard Acupuncture Point Locations in the Western Pacific Region

With your hands you have potential to relieve everyday aches, pains and ailments without taking drugs, to improve your health, and to increase your vitality. Acupressure is an ancient healing art that uses the fingers to stimulate key points on the skin that, in turn, activate the body's natural self-healing processes. With this book, it is a skill you can learn now--and use in your own home. In *Acupressure's Potent Points*, Michael Reed Gach, founder and director of the Acupressure Institute of America, reveals simple techniques that enable you to relieve headaches, arthritis, colds and flu, insomnia, backaches, hiccups, leg pain, hot flashes, depression, and more--using the power and sensitivity of your own hands. This practical guide covers more than forty ailments and symptoms, from allergies to wrist pain, providing pressure-point maps and exercises to relieve pain and restore function. Acupressure complements conventional medical care, and enables you to take a vital role in becoming well and staying well. With this book you can turn your hands into healing tools--and start feeling good now. From the Trade Paperback edition.

Introduction to Meridian Therapy

This is the first book to address public health issues in traditional, complementary and alternative medicine (TCAM). It presents state-of-the-art reviews of TCAM research in a range of priority public health areas such as malaria and HIV and in such common ailments as skin conditions and orthopedic injury in developing countries. Contributions analyze policy trends in areas such as financing of TCAM and education and training in this field as well as selected case studies of model TCAM projects. Important chapters on research methodology, ethical and safety issues, and intellectual property rights pertaining to traditional medicine are also presented. Public financing for TCAM is a test of the commitment of governments, and the book includes an analysis from the World Health Organization's (WHO) Global Atlas data of the worldwide trends in this area. With safety concerns foremost in the minds of both policy makers and the public, the book offers a global overview of policy and legislative trends in this field as well as an important set of guidelines for pharmacovigilance and TCAM products. Sample Chapter(s). Chapter 1: Introduction (1,729 KB). Contents: Foreword (Allan Rosenfield); Policy: Introduction (Gerard Bodeker & Gemma Burford); Policy and Public Health Perspectives on Traditional, Complementary and Alternative Medicine: An Overview (Gerard Bodeker, Fredi Kronenberg & Gemma Burford); Financing Traditional, Complementary and Alternative Health Care Services and Research (Gemma Burford, Gerard Bodeker & Chi-Keong Ong); Training (Gerard Bodeker, Cora Neumann, Chi-Keong Ong & Gemma Burford); Safety: Issues and Policy (Gilbert Shia, Barry Noller & Gemma Burford); Pharmacovigilance of Herbal Medicines: A United Kingdom Perspective (Joanne Barnes); Medicinal Plant Biodiversity and Local Healthcare: Sustainable Use and Livelihood Development (Gerard Bodeker & Gemma Burford); Home Herbal Gardens OCo A Novel Health Security Strategy Based on Local Knowledge and Resources (G Hariramamurthi, P Venkatasubramanian, P M Unnikrishnan & D Shankar); Humanitarian Responses to Traditional Medicine for Refugee Care (Cora Neumann & Gerard Bodeker); Public-

Private Partnerships: A Case Study from East Africa (Patrick Mbindyo); Public Health Issues: Priority Diseases and Health Conditions: Malaria (Merlin L Willcox & Gerard Bodeker); HIV/AIDS: Traditional Systems of Health Care in the Management of a Global Epidemic (Gerard Bodeker, Gemma Burford, Mark Dvorak-Little & George Carter); An Overview of Clinical Studies on Complementary and Alternative Medicine in HIV Infection and AIDS (Jianping Liu); Skin and Wound Care: Traditional, Complementary and Alternative Medicine in Public Health Dermatology (Gemma Burford, Gerard Bodeker & Terence J Ryan); Traditional Orthopaedic Practices: Beyond OCO (Gemma Burford, Gerard Bodeker & Jonathan Cohen); Research: Clinical Trial Methodology (Ranjit Roy Chaudhury, Urmila Thatte & Jianping Liu); Ethical Issues in Research (Merlin L Willcox, Gerard Bodeker & Ranjit Roy Chaudhury); Intellectual Property Rights (Gerard Bodeker); Epilogue (Gerard Bodeker & Gemma Burford). Readership: Public health specialists and departments; health policy departments in ministries of health and universities; colleges of traditional and complementary medicine; World Health Organization and affiliated institutions; medical schools as a background text on TCAM."

The Seirin Pictorial Atlas of Acupuncture

"Explains psycho-biological 'types' from the perspective of classical acupuncture texts. Describes the types with patient examples, the experience of acupuncture treatments, and the circulation of acupuncture energy in the body. Recommends self-improvement approaches for likely problems in each type, and gives guidelines for appropriate use of acupuncture therapy for medical concerns"--Provided by publisher.

Advanced Acupuncture a Clinic Manual

A fully illustrated and comprehensive reference guide to acupressure • Provides acupressure treatments tailored for a wide variety of health disorders, including back pain, heart and circulatory problems, and even the common cold • Contains step-by-step instructions illustrated in full color for self-treatment or treatment of a partner • A simultaneous hardcover and paperback release

Trouble sleeping, sensitive stomach, headaches, joint problems, allergies: Sensory ailments such as these have been steadily increasing in Western countries for decades. Acupressure--massage along the body's meridians in accordance with traditional Chinese medicine--can effectively prevent and treat all of these disorders, and more. The Acupressure Atlas is a fully illustrated and comprehensive reference guide that demonstrates how acupressure techniques activate and accelerate the body's self-healing powers to alleviate many health problems, including even the common cold. Acupressure confers a holistic health benefit that prevents disorder from arising by harmonizing and balancing the body's energies. It is particularly suited to self-treatment, the treatment of a partner, and especially the treatment of children. Along with an introduction to the origins and principles of traditional Chinese medicine, The Acupressure Atlas provides the most important basic techniques as well as step-by-step instructions, illustrated in full color, of the practical and specific information needed to put the healing techniques of acupressure at your fingertips.

Getting to Know You

This book was the first English language translation of a complete Chinese clinical manual on TCM gynecology and obstetrics. It was the textbook for the OB-GYN class at the Zhejiang College of Chinese Medicine in Hangzhou, PRChina. It covers the disease causes and mechanisms and the pattern discrimination treatment for 35 commonly encountered complaints. The book is divided into five sections: 1) menstrual diseases, 2) abnormal vaginal discharge diseases, 3) gestational & birthing diseases, 4) postpartum diseases, and 5) miscellaneous diseases. Because Chinese gynecology in China means treatment via the internal administration of Chinese herbs, all the treatments in this book are herbal ones. If one wants to buy a single book covering all of Chinese gynecology in an introductory, survey fashion, this is the book to buy.

Essentials of Western Veterinary Acupuncture

The field of pain research is rapidly expanding in both human and veterinary medicine, and has helped increase our understanding of acupuncture. However, many are still highly sceptical about the use of acupuncture and prefer for it to remain far from orthodox veterinary practice. This book seeks to challenge common misgivings by showing how veterinary acupuncture works (for small and large animals), and why it should be established as an orthodox form of treatment. Written from a Western approach, rather than a traditional Chinese Medicine approach, it explains the background and history of acupuncture and includes key information on safety aspects, understanding pain and how acupuncture can help, practical aspects such as types of needles and methods of restraint, and related techniques. Not intended as a techniques manual, this book is a preparatory text for those considering taking an acupuncture course and those wishing to gain a solid understanding of the subject.

Clinical Acupuncture

This one-of-a-kind reference is ideal for exam preparation and clinical rotations, as well as an excellent refresher for day-to-day clinical practice. Get step-by-step, full-color guidance on manipulative methods commonly taught and used in osteopathic medical education and practice. More than 1,000 vibrant photos and illustrations highlight concise, readable text all on the same or adjacent page for quick and easy reference. The third edition includes extensive additions to the chapter on cranial techniques, as well as significantly revised overviews of high-velocity, low-amplitude techniques, muscle energy techniques, and counterstrain techniques. "

The Treatment of Diabetes Mellitus with Chinese Medicine

Acupuncture has been practiced for more than 2500 years in the Western Pacific region and has become a global therapeutic method in recent decades. However, it was reported that acupuncturists differed by up to 25% in the acupuncture points they used, raising doubts and uncertainty regarding the efficacy and safety of acupuncture treatment, as well as causing difficulties in the fields of acupuncture research and education. Member States therefore increasingly began to demand

standardization in acupuncture point locations. Responding to this request, the WHO Western Pacific Regional Office initiated a project to reach consensus on acupuncture point locations and thus convened 11 serial meetings resulting in these guidelines. This Standard acupuncture point locations in the Western Pacific Region stipulates the methodology for locating acupuncture points on the surface of the human body, as well as the locations of 361 acupuncture points. The Standard is applicable for teaching, research, clinical service, publication, and academic exchanges involving acupuncture.

Atlas of Acupuncture

Finally, the Italian doctor Quirico has produced a book that allows you to easily compare and contrast specific traditional Chinese indications and their modern Western counterparts, for all major acupuncture points. In 256 pages, this book offers extensive clinical information on more than 400 acupuncture points, arranged in a conveniently referenced format with a profusion of tables. In three chapters, it discusses in numerical order the acupuncture points of the twelve regular channels, the acupuncture points of the two extraordinary channels, and lastly the extraordinary points on the head and neck, trunk, upper limbs, and lower limbs. For each point, it provides: A linguistic explanation of the Chinese name A comparison of the modern Western and TCM indications in table form Explanatory notes to synthesize this information, offer contraindications, and provide the applied clinical context A second table with main combinations and their indications The TCM functions Offering key point combinations and a complete list of clinical indications for each acupuncture point, this book is an excellent complement to Volume 1, the illustrated point atlas. By improving your understanding of each points application, you will advance your practice of Chinese medicine and build a bridge between the Western and Eastern medical paradigms.

Teaching Atlas of Acupuncture

Presents a guide to 409 acupuncture points, showing needle placement and describing the names, properties, and applications of each one.

Acupressure's Potent Points

Praktische atlas van Tung's acupuncuur, een methode waarbij slechts weinig naalden worden gebruikt.

Atlas of Acupuncture Points

Extraordinary Vessels

Why can salamanders grow new legs, and young children grow new finger tips, but adult humans can't regenerate? What is the electricity that flows through the human body? Is it the same thing that the Chinese call Qi? If so, what does Chinese medicine know, that western medicine ignores? Dan Keown's highly accessible, witty, and original book shows how western medicine validates the theories of

Chinese medicine, and how Chinese medicine explains the mysteries of the body that western medicine largely ignores. He explains the generative force of embryology, how the hearts of two people in love (or in scientific terms 'quantum entanglement') truly beat as one, how a cheating heart is also an ill heart (which is why men are twice as likely to die of a sudden heart attack with their mistress than with their wife), how neural crest cells determine our lifespan, and why Proust's madeleines evoked the memories they did. The book shows how the theories of western and Chinese medicine support each other, and how the integrated theory enlarges our understanding of how bodies work on every level. Full of good stories and surprising details, Dan Keown's book is essential reading for anyone who has ever wanted to know how the body really works.

Pocket Atlas of Acupuncture

Acupuncture Point Cards

The first book of its kind, the Advanced Acupuncture Clinic Manual contains detailed protocols for the application of the Complement Channels of acupuncture: the Sinew, Luo, Divergent and Eight Extraordinary Vessels. The book includes over one hundred drawings, diagrams, theory of the Complement Channels, guides for diagnosis, needling techniques, and much more. 466 pages.

Ear Acupuncture

The PA of Acupuncture provides the reader with a brief overview of the history of acupuncture in China and Europe, it describes the underlying principles of Chinese medicine and how it differs from Western medicine, and it looks at the way Western medicine attempts to explain the effects achieved by acupuncture therapy. The main focus of this book is the presentation of the 361 classic acupuncture points giving details of their locations, the way they are classified, their actions and indications, as well as the needling techniques to be used. On the pages facing the descriptions, there are precise anatomical drawings showing the paths of the channels and the points located on them.

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