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DVD Counseling and Psychotherapy Theories in
Context and PracticeThe Therapist's NotebookDivorce
Counseling Homework PlannerHuman Services
DictionaryThe Couple and Family Therapist's
NotebookLanguage and Narratives in Counseling and
PsychotherapyThe Family Therapy Treatment Planner,
with DSM-5 Updates, 2nd EditionThe Therapist's
Notebook for Integrating Spirituality in Counseling
IIFamily Therapy Homework PlannerHandbook of
Homework Assignments in PsychotherapyParenting
Skills Homework Planner (w/ Download)Homework
Assignments and Handouts for LGBTQ+ ClientsThe
World of the CounselorThe Therapist's Notebook,
Volume 2The CBT Art Activity BookUsing Homework in
PsychotherapyThe Group Therapy Treatment
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and Couples CounselingGrief Counseling Homework
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Counseling ICounseling and Psychotherapy Theories in Context and PracticeFavorite Counseling and Therapy Techniques, Second EditionLearning Group LeadershipEncyclopedia of CounselingFavorite Counseling and Therapy Homework Assignments, Second EditionBlending Play Therapy with Cognitive Behavioral TherapyFavorite Counseling and Therapy Homework AssignmentsThe Popular Encyclopedia of Christian CounselingUsing Homework Assignments in Cognitive Behavior TherapySchool Counseling and School Social Work Homework PlannerAdult Psychotherapy Homework PlannerThe Christian Therapist's NotebookThe Adolescent Psychotherapy Treatment PlannerThe Group Therapist's Notebook

DVD Counseling and Psychotherapy Theories in Context and Practice

This handbook is the first resource for the practicing clinician that addresses the role of homework - patients' between-session activities - across major therapeutic paradigms and complex clinical problems. The book opens with a series of practice-orientated chapters on the role of homework in different psychotherapies. A wide range of psychotherapy approaches are covered, each illustrated with clinical examples. The book includes valuable coverage of complex and chronic disorders. Novice and seasoned psychotherapists from all training backgrounds will find useful ideas in this volume.

The Therapist's Notebook

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Learn the various counseling theories through authentic examples led by actual practitioners working with real clients. This comprehensive two-DVD set promotes student learning by illustrating each of the counseling theories covered in the textbook *Counseling and Psychotherapy Theories in Context and Practice, Second Edition* by John and Rita Sommers-Flanagan. However, the DVDs can be used in conjunction with this text or as a stand-alone teaching tool in any course covering psychotherapy theories and techniques. Unique in its presentation of real clinicians from a variety of work settings—including school and college counselors—working with actual clients, the DVDs: Feature practitioners and clients who represent ethnic, gender, age, and religious diversity Model how to develop a positive therapeutic relationship from any theoretical perspective Help students not only understand the differences between theories, but also the difference between theory and technique Offer commentary by the authors on how the counselor in the session made decisions from a theoretical perspective as well as why a particular counseling theory was appropriate for the client's situation Exploring Psychoanalytic, Adlerian, Existential, Person-Centered, Gestalt, Behavioral, Cognitive-Behavioral, Reality, Feminist, Solution-Focused, and Family Systems theories, these two DVDs shed light on these theories in real practice with clients.

Divorce Counseling Homework Planner

This guide for youth-centered counseling is a tool

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developed to assist frontline providers in reaching young people and effectively promoting sexual health in Latin America and the Caribbean. It has been developed by the Child and Adolescent Health and HIV/AIDS Units, Family and Community Health Area, PAHO/WHO to assist in reaching young people and effectively promoting sexual health. It contains detailed and theory-based actions and methods to improve the quality of services for young people. Youth-centered counseling, to be effective, must respond to young people's individual sexual behaviour, context, and developmental stage. While the book includes guideline, strategies, and the theoretical underpinnings guiding the practice of counseling, the accompanying CD provides an additional practical tool. Based on experience from youth-centered counseling workshops, the CD serves both for self learning and as teaching materials in a group setting.

Human Services Dictionary

lists publications cataloged by Teachers College, Columbia University, supplemented by The Research Libraries of The New York Public Library.

The Couple and Family Therapist's Notebook

With more questions and answers than any other edition, the Encyclopedia of Counseling, Fourth Edition, is still the only book you need to pass the NCE, CPCE, and other counseling exams. Every

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chapter has new and updated material and is still written in Dr. Rosenthal's lively, user-friendly style counselors know and love. The book's new and improved coverage incorporates a range of vital topics, including social media, group work in career counseling, private practice and nonprofit work, addictions, neurocounseling, research trends, the DSM-5, the new ACA and NBCC codes of ethics, and much, much more.

Language and Narratives in Counseling and Psychotherapy

The Family Therapy Treatment Planner, with DSM-5 Updates, 2nd Edition

Contains 78 ready-to-copy homework assignments that can be used to facilitate family therapy Homework assignments and exercises are keyed to the behaviorally based presenting problems from The Family Therapy Treatment Planner, Second Edition Assignments are available online for quick customization Features new and updated assignments and exercises to meet the changing needs of mental health professionals The Family Therapy Homework Planner, Second Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: New and updated homework assignments consistent with evidence-based therapies and grouped by presenting problems including adoption,

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communication issues, interracial family problems, sexual abuse, and school concerns 78 ready-to-copy exercises covering the most common issues encountered by families in therapy, such as family-of-origin interference, depression in family members, divorce, financial conflict, adolescent and parent conflicts, traumatic life events, and dependency issues Expert guidance on how and when to make the most efficient use of the exercises Assignments that are cross-referenced to The Family Therapy Treatment Planner, Second Edition—so you can quickly identify the right exercise for a given situation or problem All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the Web at www.wiley.com/practiceplanners

The Therapist's Notebook for Integrating Spirituality in Counseling II

More activities to tap into the strength of your clients' spiritual beliefs to achieve therapeutic goals. The Therapist's Notebook for Integrating Spirituality in Counseling II is the second volume of a comprehensive two-volume resource that provides practical interventions from respected experts from a wide range of backgrounds and theoretical perspectives. This volume includes several practical strategies and techniques to easily incorporate spirituality into psychotherapy. You'll find in-session activities, homework assignments, and client and

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therapist handouts that utilize a variety of therapeutic models and techniques and address a broad range of topics and problems. The chapters of *The Therapist's Notebook for Integrating Spirituality in Counseling II* are grouped into four sections: Models of Therapy Used in Integrating Spirituality; Integrating Spirituality with Age-Specific Populations: Children, Adolescents, and the Elderly; Integrating Spirituality with Specific Multicultural Populations; and Involving Spirituality when Dealing with Illness, Loss, and Trauma. As in Volume One, each clinician-friendly chapter also includes sections on resources where the counselor can learn more about the topic or technique used in the chapter—as well as suggested books, articles, chapters, videos, and Web sites to recommend to clients. Every chapter follows the same easy-to-follow format: objectives, rationale for use, instructions, brief vignette, suggestions for follow-up, contraindications, references, professional readings and resources, and bibliotherapy sources for the client. *The Therapist's Notebook for Integrating Spirituality in Counseling II* adds more useful activities and homework counselors can use in their practice, such as: using religion or spirituality in solution-oriented brief therapy “Cast of Character” counseling using early memories to explore adolescent and adult spirituality cognitive behavioral treatment of obsessive-compulsive disorder age-specific clients such as children or the elderly multicultural populations and spirituality dealing with illness, loss, and trauma recovering from fetal loss creative art techniques with caregivers in group counseling and much more! *The Therapist's Notebook for Integrating Spirituality in Counseling II* provides even more creative and helpful homework

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and activities that are perfect for pastoral counselors, clergy, social workers, marriage and family therapists, counselors, psychologists, Christian counselors, educators who teach professional issues, ethics, counseling, and multicultural issues, and students.

Family Therapy Homework Planner

Handbook of Homework Assignments in Psychotherapy

The SAGE Encyclopedia of Marriage, Family and Couples Counseling is a new, all-encompassing, landmark work for researchers seeking to broaden their knowledge of this vast and diffuse field. Marriage and family counseling programs are established at institutions worldwide, yet there is no current work focused specifically on family therapy. While other works have discussed various methodologies, cases, niche aspects of the field and some broader views of counseling in general, this authoritative Encyclopedia provides readers with a fully comprehensive and accessible reference to aid in understanding the full scope and diversity of theories, approaches, and techniques and how they address various life events within the unique dynamics of families, couples, and related interpersonal relationships. Key topics include: Assessment Communication Coping Diversity Interventions and Techniques Life Events/Transitions Sexuality Work/Life Issues, and more Key features include: More than 500 signed articles written by key figures in the field span four comprehensive volumes

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Front matter includes a Reader's Guide that groups related entries thematically Back matter includes a history of the development of the field, a Resource Guide to key associations, websites, and journals, a selected Bibliography of classic publications, and a detailed Index All entries conclude with Further Readings and Cross References to related entries to aid the reader in their research journey

Parenting Skills Homework Planner (w/ Download)

Neukrug's comprehensive introductory text gives students an unparalleled look into the practicalities of the counseling profession, providing them with a broad overview of the field including a firm foundation in the skills, theories, and day-to-day realities of the job. Thorough and research based, the book presents the key concepts and material about the counseling profession with great clarity and insight, while keeping readers engaged through the many illustrative case examples and personal narratives. To ensure that students are thoroughly prepared to further their studies and careers, Neukrug has structured around the eight core CACREP curriculum areas, while enhancing his discussion with insightful coverage of salient topics surrounding such important issues as specializations within counseling, finding a counseling job, and future trends in counseling.

Homework Assignments and Handouts for LGBTQ+ Clients

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In an era of brief therapy, the time between sessions is an important component of the treatment process. This easy-to-use sourcebook provides pre-written psychotherapy homework assignments. The exercises are grouped by skill set (improving communication techniques, changing your perspective, developing new coping skills, etc.). The book includes ready-to-copy blank exercises, instructions on when and how to use the assignments, and a floppy disk which contains word-processing versions of every assignment in the book.

The World of the Counselor

Howard Rosenthal takes the reader into the offices of 56 of the finest therapists in the world to learn their favorite counseling and therapy homework assignments. The text literally reads like a Who's Who in therapy, packing in more famous therapists than any book of its kind. Albert Ellis uses his REBT Self-Help form to create effective homework beginning with the very first session. William Glasser reveals his 'Getting Rid of the Seven Habits of Unhappy' homework for the first time. Richard N. Bolles, author of What Color is Your Parachute? explains how clients can use 'Trioing' to solve career difficulties and overcome personal obstacles. Microcounseling skills pioneer Allen E. Ivey shares gems of therapeutic wisdom based on 35 years experience. Noted textbook authors Marianne Schneider Corey and Gerald Corey share an innovative paradigm for implementing client-centered homework for group therapy clients. Psychiatrist Peter R. Breggin of

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Talking Back to Prozac fame, utilizes a homework assignment involving kindness rather than relying upon today's dangerous psychiatric drugs. And the list goes on and on. Dr. Rosenthal also teams up with the eminent therapist Jeffrey Kottler to illuminate the pitfalls of therapeutic homework. Overall, this lively, innovative book promises to become a classic in the field of helping and is the perfect sequel to Dr. Rosenthal's bestselling Favorite Counseling and Therapy Techniques.

The Therapist's Notebook, Volume 2

In the new edition of this highly popular book, Howard Rosenthal once again brings together a group of prominent therapists who share their insightful, pioneering, and favorite therapeutic techniques. These therapists include such well-known figures as Albert Ellis, Arnold Lazarus, William Glasser, Raymond Corsini, and Allen E. Ivey. Many of the classic entries in the previous edition are once again included, some unaltered and others updated, while several new chapters have been added to reflect the newest advancements in the counseling field. For practitioners wondering what methods to use when working with clients and what they can prescribe for them between sessions, or for those who simply are interested in gaining insight into the thoughts and minds of such eminent therapists, the more than 50 entries in this text are sure to be both highly useful and exciting reads.

The CBT Art Activity Book

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In today's managed-care environment, therapeutic techniques must be proven to be effective to be reimbursable. This comprehensive volume is written by leaders in the field and collects classic and emerging evidence-based and cognitive behavioral therapy treatments therapists can use when working with children and adolescents. Step-by-step instruction is provided for implementing the treatment protocol covered. In addition, a special section is included on therapist self-care, including empirically supported studies. For child and play therapists, as well school psychologists and school social workers.

Using Homework in Psychotherapy

Featuring over seventy affirming interventions in the form of homework assignments, handouts, and activities, this comprehensive volume helps novice and experienced counselors support LGBTQ+ community members and their allies. Each chapter includes an objective, indications and contraindications, a case study, suggestions for follow-up, professional resources, and references. The book's social justice perspective encourages counselors to hone their skills in creating change in their communities while helping their clients learn effective coping strategies in the face of stress, bullying, microaggressions, and other life challenges. The volume also contains a large section on training groups of allies and promoting greater cohesion within LGBTQ+ communities. Counseling and mental health services for LGBTQ+ clients require between-

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session activities that are clinically focused, evidence-based, and specifically designed for one or more LGBTQ+ sub-populations. This handbook gathers together the best of such LGBTQ+ clinically focused material. As such, the book appeals both to students learning affirmative LGBTQ+

psychotherapy/counseling and to experienced practitioners. The Handbook features homework assignments, handouts, and activities that:

- Emphasize working with clients from different backgrounds.
 - Stress the importance of ethical guidelines and culturally competent care.
 - Demonstrate how to engage clients in conversations about coming out across the lifespan.
 - Help clients manage oppression and build resilience through self-care, advocacy, and validation.
 - Identify the facets of relationships that are unique to LGBTQ+ individuals.
 - Offer interventions to enhance familial support and work through family dynamics.
 - Assist clients to more deeply appreciate their genders and sexual identities.
 - Aid therapists in their work with clients who have substance use and abuse issues.
 - Address concerns about career choices, employment options, and college pursuits.
 - Create safety in a range of social and clinical spaces, including college campuses.
- Offering practical tools used by clinicians worldwide, the volume is particularly useful for courses in clinical and community counseling, social work, and psychology. Those new to working with LGBTQ+ clients will appreciate the book's accessible foundation to guide interventions.

The Group Therapy Treatment Planner

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Get a “sneak peek” at clinical vignettes that demonstrate the power of creative interventions! Couples and families present unique challenges in therapy, and other books rarely illustrate the effectiveness of particular types of interventions on actual cases. The Couple and Family Therapist's Notebook provides clinicians with a wide range of practical field-tested therapy activities and homework that are solidly grounded to each intervention's theoretical underpinning, then explores their effectiveness by briefly relating real-life cases. Continuing The Haworth Press Therapist's Notebook series, respected experts detail how to perform several creative interventions and then follow with insightful clinical vignettes to illustrate under what specific circumstances each particular approach is effective. Each chapter of The Couple and Family Therapist's Notebook: Homework, Handouts, and Activities for Use in Marital and Family Therapy has an objective statement to orient the reader to the homework, handout, or activity, followed by a rationale. Instructions explain how to perform the activity, followed by clinical case vignette, a section of contraindications, and a list of useful resources for both the practitioner and the client. Illustrations and appendixes also provide helpful guides for the therapist. The Couple and Family Therapist's Notebook: Homework, Handouts, and Activities for Use in Marital and Family Therapy gives you the tools for approaches such as: emotionally focused therapy symbolic-experiential therapy transgenerational theory solution-focused therapy experiential therapy and many others And some of the intervention techniques that are illustrated: the Metaphor of

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Gardens the Coming Clean Ritual creating rituals for couples coping with early pregnancy loss the Four C's of Parenting identifying family rules the Systemic Kvebaek Technique physical acting techniques the Feelings Game writing to combat adolescent silence in family therapy Family Stress Balls the Goodbye Book the "Puppet Reflecting Team" Technique family-based school interventions and many more The Couple and Family Therapist's Notebook: Homework, Handouts, and Activities for Use in Marital and Family Therapy provides invaluable insight and vital clinical tools for creative couple and family intervention, perfect for adaptation by counselors, psychotherapists, practitioners in private practice, school systems, hospitals, government settings, homeless shelters, and not-for-profit agencies and counseling centers.

The SAGE Encyclopedia of Marriage, Family, and Couples Counseling

Provide professionally sound and principled therapy based on the truth of God Christians are faced with the same range of problems as everyone else. However, Christian therapists understand deeply the unique issues involved with their therapy. The Christian Therapist's Notebook is a single source for innovative, user-friendly techniques for connecting the everyday world of the client with Christian principles and Scripture. This creative, timesaving guide assists therapists in helping clients achieve therapy goals through professionally sound and principled exercises while always maintaining a

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positive, supportive connection with Christian beliefs. Helpful features include Scripture references relevant to common problems, case studies, vignettes, professional resource lists, client resource lists, in-session exercises, homework exercises, and handouts. The Christian Therapist's Notebook bases its success on three foundations: the truth of scripture; the centrality of Christ; and the guidance of the Holy Spirit. The book's three sections include individuals, couples and families, and children and adolescents. Each chapter focuses on a single exercise to address an important issue that may be affecting the client. Chapters provide a guiding Scripture quote, an objective, rationale for use, clear and specific instructions, suggestions for a follow-up, a vignette illustrating the exercise's success, contraindications, extensive resources, and related Scriptures. The Christian Therapist's Notebook exercises include: "A New Creation," which uses a Christogram to personalize the Biblical promises and truths of the spiritual transformation "Snapshots," which reveals repetitive behavior patterns in relationships "Core Connections," which helps the client explore the organization of relational core connections to other people as well as to God "Temptation Judo," which explores the connection between temptation and needs while uncovering God's promise of escape "Broken Mirrors," which identifies unresolved issues affecting self-image and moves the client to a personal relationship with God "The Book of My Life," which helps identify situations and people that have had an impact on clients, while helping them to acknowledge that God has a plan for them "Tearing Down Strongholds," which helps take

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the client through the process of repentance “It Was Wrong,” which helps abuse victims deal with pain and frustration “Bowing Down,” which helps to restore a healthy relationship “Panic Breaker,” which helps get to the root of client fears “Parenting after Divorce” “Self-esteem,” which helps children with self-concept and many, many more! The Christian Therapist’s Notebook is the answer for practicing therapists, counselors, interns, pastors, educators, and students searching for activities for client therapy based upon the truth of God.

Grief Counseling Homework Planner, (with Download)

Ready-to-use therapeutic exercises for overcoming parenting deficits The Parenting Skills Homework Planner provides complete, customizable, copy-ready exercises for use with parents in therapy. Designed as a companion for the Parenting Skills Treatment Planner, this invaluable resource can also be used alone to facilitate counseling and help clients take a more proactive role. Organized by topic, each section provides specific goals for each exercise and suggests additional exercises that may help clients organize their thoughts and behaviors surrounding complex family dynamics. From behavioral problems and negative relationships to career development, blended families, grandparenting, and much more, this book provides practical tools for therapists helping clients navigate the landmines of parenthood. In an era of brief therapy, tangible homework assignments help clients continue their therapeutic

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work outside of the session, offering a quicker, more effective route to solving parenting skills deficits. This book provides insightful prompts and helpful exercises designed to uncover the root of the problem, focus on a solution, and help clients think deeply and critically about past and ongoing behaviors and habits. Use tested homework assignments independently, or in alignment with the Parenting Skills Treatment Planner Customize each exercise to suit each client's situation using downloadable files Help clients get more out of therapy by using time between sessions productively Tackle issues relating to abuse, depression, school difficulties, divorce, poverty, and more Today's complex family structures, combined with increased childhood pressures from school, peers, and the general culture, make parenting a more difficult job than ever before. Homework assignments extend therapy into family time, and facilitate constructive thought and discussion outside of the session. With 60 customizable exercises tailored to specific parenting problems, the Parenting Skills Homework Planner is an essential resource for the family therapist.

Bibliographic Guide to Education

Seasoned counselors and professors Tim Clinton and Ron Hawkins provide a landmark reference that offers a capstone definition of the emerging profession and ministry of the Christian counselor. Appropriate for professional counselors, lay counselors, pastors, students, and teachers, it includes nearly 300 entries

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by nearly 100 top Christian counselors. This practical guide focuses on functional aspects of Christian counseling and explores such important topics as Christian counseling as a profession, ministry, and lay ministry; Spiritual and theological roots; Social, emotional, and relational issues; Skills and essentials in Christian helping; Ethical and legal considerations; Intake, assessment, diagnosis, and treatment planning; and Premarital counseling, family therapy, and substance abuse. Counselors will also find up-to-date information on solution-based brief therapy, cognitive therapy and biblical truth, and trauma and crisis intervention. An essential resource for maintaining a broad and up-to-date perspective on helping others.

Youth-centered Counseling for HIV/STI Prevention and Promotion of Sexual and Reproductive Health

This sourcebook is aimed at helping mental health professionals assist their clients dealing with separation and divorce. It provides interactive assignments that clients complete on their own time to develop new coping skills that will help them get through the painful and lengthy process.

Couples Therapy Homework Planner

Get the updated classic that provides innovative exercises that promotes change The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for Use in Psychotherapy, is the updated

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classic that provides mental health clinicians with hands-on tools to use in daily practice. This essential resource includes helpful homework assignments, reproducible handouts, and activities and interventions that can be applied to a wide variety of clients and client problems. Useful case studies illustrate how the activities can be effectively applied. Each expert contributor employs a consistent chapter format, making finding the 'right' activity easy. The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for Use in Psychotherapy, includes innovative field-tested activities to assist therapists in a wide range of applications, including adults, children, adolescents and families, couples, group work, trauma/abuse recovery, divorce and stepfamily issues, and spirituality. Format for each chapter follow by type of contribution (activity, handout, and/or homework for clients and guidance for clinicians in utilizing the activities or interventions), objectives, rationale for use, instructions, brief vignette, suggestions for follow-up, and contraindications. Three different reference sections include references, professional readings and resources, and bibliotherapy sources for the client. Various theoretical perspectives are presented in The Therapist's Notebook, Volume 2: More Homework, Handouts, and Activities for Use in Psychotherapy, including: cognitive behavioral narrative therapy solution focus choice theory and reality therapy REBT strategic family therapy experiential art and play therapies couples approaches including Gottman and Emotionally Focused Therapy medical family therapy Jungian family-of-origin therapy adventure-based therapy The Therapist's Notebook, Volume 2: More

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Homework, Handouts, and Activities for Use in Psychotherapy, is a horizon-expanding guide for marriage and family therapists, psychiatric nurses, counselors, social workers, psychologists, pastoral counselors, occupational therapists, counselor educators, school social workers, school counselors, and students.

The Therapist's Notebook for Children and Adolescents

A step-by-step guide for therapists who want to start implementing homework or to increase the effectiveness of assignments, this hands-on book is ideal for clinicians from any theoretical orientation. Presented are creative strategies for developing meaningful homework assignments, enhancing compliance, and overcoming typical homework obstacles. Nearly 50 reproducible forms are featured along with detailed recommendations for using them to accomplish five broad therapeutic goals: increasing awareness, scheduling activities, improving emotion regulation and interpersonal effectiveness, and testing assumptions. Also provided are tips for working with special populations, including adolescents, older adults, couples, and clients with severe depression or anxiety. Bursting with helpful tools, tips, and examples, the volume is designed in a convenient 8 1/2" x 11" format with lay-flat binding for ease of photocopying.

The Crisis Counseling and Traumatic Events Treatment Planner

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Brief Therapy Homework Planner

This timesaving resource features: Treatment plan components for 40 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers

PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Family Therapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions Organized around 40 main presenting problems including child/parent conflicts, depression, abuse, death and loss issues, blended family problems, and loss of family cohesion Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Designed to correspond with The Family Therapy Progress Notes Planner, Second Edition and the Brief Family Therapy Homework

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Planner, Second Edition includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA. Additional resources in the PracticePlanners® series: Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: www.wiley.com/practiceplanners

The Therapist's Notebook for Integrating Spirituality in Counseling I

When did you last have enough free time to carefully create, develop, and test a therapeutic concept or teaching method to improve the help you provide to your patients? With *The Therapist's Notebook*, a compilation of original ideas by practicing clinicians, you can tap into the knowledge and experience of seasoned professionals to give your clients tangible, field-tested assignments that will represent their work and progress in therapy. Appropriate for practicing marriage and family therapists, psychologists, social workers, and other therapists of any professional affiliation who deal with children, adolescents, adults, couples, or families, this dynamic handbook provides you with handouts and homework activities that are quick and easy and require little effort or experience.

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to use. The Therapist's Notebook is a valuable resource for both experienced and novice clinicians. Established clinicians will know how to fit each chapter to a particular clientele, while uninitiated clinicians or trainees will appreciate how the ready-made materials help their clients and spur their own creativity in intervening. You'll find therapeutic work becomes less stressful and more enjoyable as you learn about helping these populations deal with important issues: Adults--goal setting, boundary issues, life transitions, communication, problemsolving, compulsivity, feelings Couples--trust, infidelity, leisure time, communication, conflict resolution, sexuality, enrichment Families--rules/punishment, decisionmaking, gender roles, chores and responsibilities, communication Children--self-esteem, school problems, social skills, abuse, discipline problems Adolescents--peer pressure, school issues, communication, involvement in therapy, behavior Other--resistant clients, crisis counseling, linking clients with social resources The Therapist's Notebook gives you a tangible, useful product you can utilize with clients. The book's compilation of homework, handouts, and activities that have been successfully applied to client populations is valuable not only for therapists' daily use, but also to illustrate creative, clinically tested interventions to future counselors, therapists, social workers, teachers, school psychologists, and special educators. Particularly useful as an ancillary text in university courses in psychotherapy-related fields, the book's user-friendly format will enliven practicum courses and ensure heightened student participation.

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Counseling and Psychotherapy Theories in Context and Practice

Contains 63 ready-to-copy homework assignments that can be used to counsel bereaved clients Exercises help clients develop new coping skills and address grief-related problems and issues Assignments are available online for quick customization Help bereaved clients deal with and work through a difficult time in their lives Grief Counseling Homework Planner, provides you with an array of ready-to-use, between-session assignments designed to help clients better understand their grief and the grieving process. 63 ready-to-copy exercises covering the most common issues encountered in grief therapy A quick-reference format—the interactive assignments are organized around the most typical stages of the grieving process Expert guidance on how and when to make the most efficient use of the exercises Homework that enables clients to work through the issues surrounding their loss through reflective thought, personal management, problem resolution, and self-healing All exercises are available online for you to download and customize to suit you and your clients' unique styles and needs

Favorite Counseling and Therapy Techniques, Second Edition

This introductory text takes an experiential approach to the discipline, and is written with the beginning group practitioner in mind. The experiential aspect of this book reflects the needs of both the professor and

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the student. This engaging approach provides students an opportunity to apply what they are learning to their own lives and work. By combining the latest ideas on group leadership and contemporary group formats, Learning Group Leadership is the ideal text for the beginning practitioner.

Learning Group Leadership

In *The Therapist's Notebook for Children and Adolescents*, 2nd ed, you'll find the most powerful tools available for aiding children with their feelings, incorporating play techniques into therapy, encouraging appropriate parental involvement in family sessions, and providing group therapy to children. This ready reference is divided into ten thoughtfully planned sections to make it easy to find the right activity, handout, or intervention for the problem at hand, whether you're looking for creative ideas, running a children's group, putting interventions into practice in the classroom, or looking for ways to increase parental and familial involvement. Instructions for the activities are clearly explained and highlighted with case examples and many illustrations. Chapters are by leading experts, including Eliana Gil, Risë VanFleet, Liana Lowenstein, Howard Rosenthal, and Volker Thomas, and explore strategies for treating children both individually and in a family context. With more than 60% new material, this expanded version delves into the latest research and thinking on family play therapy and addresses many pertinent issues of our time, including bullying,

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suicidal ideation, ADHD, autism, adolescents and sex, and cultural issues. It's a must-have arsenal for both novice and experienced professionals in family therapy, play therapy, psychology, psychiatry, counseling, education, nursing, and related fields.

Encyclopedia of Counseling

This companion to Favorite Counseling and Therapy Techniques contains more than fifty handouts and homework assignments used by some of the finest and most renowned therapists in the world, such as Albert Ellis, William Glasser, Richard B. Bolles, Allen E. Ivey, Marianne Schneider Corey, Gerald Corey, Maxie C. Maultsby, Jr., and Peter R. Breggin. Several new entries have been added to reflect the newest advancements in the counseling field. This is sure to be a highly useful and insightful read for any practitioner wishing to learn new techniques to benefit their practice and patients.

Favorite Counseling and Therapy Homework Assignments, Second Edition

The bestselling treatment planning system for mental health professionals The Adolescent Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including conduct disorder, substance

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use, low self-esteem, suicidal ideation, ADHD, and eating disorders Organized around 36 behaviorally based presenting problems, including peer/sibling conflict, school violence, sexual abuse, and others Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

Blending Play Therapy with Cognitive Behavioral Therapy

Favorite Counseling and Therapy Homework Assignments

Help adult clients develop the skills they need to work through problems The Adult Psychotherapy Homework Planner provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: * 61 ready-to-copy exercises covering the most common issues encountered by adults in therapy * A quick-reference format—the interactive assignments are grouped by behavioral problem, such as chemical dependence, grief, financial stress, and low self-esteem * Expert guidance on how and when to make the most efficient use of the exercises * Assignments that are cross-referenced to

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The Complete Adult Psychotherapy Treatment Planner, Third Edition-so you can quickly identify the right exercise for a given situation or behavioral problem * A CD-ROM that contains all the exercises in a word-processing format-allowing you to customize them to suit you and your clients' unique styles and needs

The Popular Encyclopedia of Christian Counseling

Dr. Howard Rosenthal presents an updated comprehensive audio preparation program for the National Counselor Examination and state counseling exams.

Using Homework Assignments in Cognitive Behavior Therapy

Learn to initiate the integration of your clients' spirituality as an effective practical intervention. A client's spiritual and religious beliefs can be an effective springboard for productive therapy. How can a therapist sensitively prepare for the task? The Therapist's Notebook for Integrating Spirituality in Counseling is the first volume of a comprehensive two-volume resource that provides practical interventions from a wide range of backgrounds and theoretical perspectives. This volume helps prepare clinicians to undertake and initiate the integration of spirituality in therapy with clients and provides easy-to-follow examples. The book provides a helpful starting point to address a broad range of topics and problems. The chapters of The Therapist's Notebook for Integrating

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Spirituality in Counseling are grouped into five sections: Therapist Preparation and Professional Development; Assessment of Spirituality; Integrating Spirituality in Couples Therapy; Specific Techniques and/or Topics Used in Integrating Spirituality; and Use of Scripture, Prayer, and Other Spiritual Practices. Designed to be clinician-friendly, each chapter also includes sections on resources where counselors can learn more about the topic or technique used in the chapter—as well as suggested books, articles, chapters, videos, and Web sites to recommend to clients. Each chapter utilizes similar formatting to remain clear and easy-to-follow that includes objectives, rationale for use, instructions, brief vignette, suggestions for follow-up, contraindications, references, professional readings and resources, and bibliotherapy sources for the client. The first volume of *The Therapist's Notebook for Integrating Spirituality in Counseling* helps set a solid foundation and provides comprehensive instruction on: ethically incorporating spirituality into the therapeutic setting professional disclosure building a spiritual referral source through local clergy assessment of spirituality the spirituality-focused genogram using spirituality in couples therapy helping couples face career transitions dealing with shame addiction recovery the use of scripture and prayer overcoming trauma in Christian clients and much more! *The Therapist's Notebook for Integrating Spirituality in Counseling* is a stimulating, creative resource appropriate for any clinician or counselor, from novices to experienced mental health professionals. This first volume is perfect for pastoral counselors, clergy, social workers, marriage and family therapists, counselors,

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psychologists, Christian counselors, educators who teach professional issues, ethics, counseling, and multicultural issues, and students.

School Counseling and School Social Work Homework Planner

Explore complex emotions and enhance self-awareness with these 100 ready-to-use creative activities. The intricate, attractive designs are illustrated in the popular zentangle style and are suitable for adults and young people, in individual or group work. The worksheets use cognitive behavioural therapy (CBT) and art as therapy to address outcomes including improved self-esteem, emotional wellbeing, anger management, coping with change and loss, problem solving and future planning. The colouring pages are designed for relaxing stress management and feature a complete illustrated alphabet and series of striking mandala designs.

Adult Psychotherapy Homework Planner

Get innovative ideas and effective interventions for your group therapy. Group work requires facilitators to use different skills than they would use in individual or family therapy. The Group Therapist's Notebook: Homework, Handouts, and Activities for Use in Psychotherapy offers facilitators effective strategies to gather individuals who have their own unique needs together to form a group where each member feels comfortable exploring personal—and often painful—topics. This resource provides creative

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handouts, homework, and activities along with practical ideas and interventions appropriate for a variety of problems and population types. Each chapter gives detailed easy-to-follow instructions, activity contraindications, and suggestions for tracking the intervention in successive meetings. Every intervention is backed by a theoretical or practical rationale for use, and many chapters feature a helpful illustrative clinical vignette. Group work has several benefits, including the ability to treat a greater number of clients with fewer resources. Group therapy work also relies on various theories that may seem to be difficult to apply to clinical practice. The Group Therapist's Notebook is a practical guide that builds a bridge between theory and practice with ease. The text provides help for psychotherapists who are either beginning group practice or already utilizing groups as part of their practice and need a fresh set of ideas. The workbook framework allows group specialists to generate approaches and modify exercises to fit the varying needs of their clients. This guide offers a wide variety of valid approaches that effectively address client concerns. The book provides therapists with tips and ideas for starting and facilitating a group, assists them through sets of interventions, activities, and assignments, then showcases a variety of interventions for needs-specific populations or problems. Special sections are included with interventions for teens, young adults, couples, and family groups. Interventions in The Group Therapist's Notebook include: anger management skills ease feelings of shame and guilt substance use and abuse grief and loss positive body image guidance through change independence and

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belonging interpersonal skills coping skills crisis intervention strategies much, much more! The Group Therapist's Notebook is an essential resource for both novice and more experienced practitioners working in the mental health field, including counselor educators, social workers, guidance counselors, prevention educators, and other group facilitators. Every nonprofit agency, counseling center, private practice, school, hospital, treatment facility, or training center that organizes and implements therapy groups of any type should have this guide in their library.

The Christian Therapist's Notebook

"Student-friendly and comprehensive, Counseling and Psychotherapy Theories in Context and Practice, Second Edition provides an in-depth understanding of the origins, development, and key figures of each major theory and strongly emphasizes the application of these theories in real-world practice. Pedagogical features include opening chapter outlines, "Putting It In Practice" boxes, practitioner reflections, ethical highlights, case examples, as well as chapter summaries, chapter glossaries, and recommended readings and resources. The Second Edition includes a new section on treatment planning in each chapter and increased coverage of multicultural issues. A Study Guide for students is also available (978-0-470-90437-4)"--

The Adolescent Psychotherapy Treatment Planner

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Homework is a central feature of Cognitive-Behavioral Therapy (CBT), given its educational emphasis. This new text is a comprehensive guide for administering assignments. The first part of the text offers essential introductory material, a comprehensive review of the theoretical and empirical support for the use of homework, models for practice, and systems for evaluating client compliance and therapist competence in administering assignments. Part two focuses on the role of homework in cognitive therapy, demonstrating successful methods of integration and discussing solutions to common barriers. Rather than offering one-size-fits-all, pre-designed tasks, this book illustrates application of a model with detailed case study and recommendations for adjusting administration methods for particular problems and specific client populations. Over the last nine chapters, homework administration is described within cognitive and behavioral therapy for anxiety and depression, chronic pain, delusions and hallucinations, obsessions and compulsions, marital and sexual problems, personality disorders, children and adolescents, group and family therapy, and older adults. Readers are provided with a full range of knowledge to successfully incorporate individualized homework assignments into their practice to maximize the proven long-term benefits of CBT.

The Group Therapist's Notebook

"This is a useful book with carefully condensed material that will be useful to beginning counselors and other helping professionals. It takes a large and

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complex literature base and shakes it down to some core useful concepts that will whet the beginning student's appetite." Rita Sommers-Flanagan, PhD Professor/Chair, Department of Counselor Education , University of Montana Narrative and language-based therapies help clients to see their presenting problems as separate from themselves through the assumption that they have many skills and competencies that will enable them to reduce the influence of problems in their lives. This highly accessible, step-by-step guide to incorporating principles of narrative and language-based approaches to therapy into practice demystifies these techniques for therapists and counselors in training. Illustrated with concrete examples and findings from empirical research, the text helps readers to understand the importance of language and narrative in the therapeutic alliance and to apply language- and narrative-based principles in counseling and psychotherapy. In a concise, straightforward format designed to facilitate student learning, each chapter describes a set of related principles and practices that encompasses counselor/student dialogues, in-depth discussion of each principle, the empirical bases for these principles and practices, and student assignments that foster additional learning. The book also discusses the theoretical and philosophical foundation of narrative therapies including developments in emotion science and word use research and their translation to counseling practice. Key Features: Provides step-by-step techniques for putting the principles of narrative and language-based therapies into practice Demystifies narrative and language-based approaches to therapy for

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therapists and counselors in training Presents
concepts in the format of essential guidelines,
building from basic ideas to more complex and
advanced principles Includes empirical research to
demonstrate validity of the principles of narrative and
language-based therapies Contains counselor/student
dialogues and assignments to foster additional
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