

Where To Download Getting The Sex You Want Shed Your Inhibitions And Reach New Heights Of Passion Together

## **Getting The Sex You Want Shed Your Inhibitions And Reach New Heights Of Passion Together**

Get Out of Your HeadThe Rules for Getting LaidThe Invisible OrientationTaking Sexy BackWhat You Really Really WantThe Sex You WantHave the Sex You WantBoomThe 5 Love LanguagesOvercoming Sex AddictionCome as You AreWanting Sex AgainThe Brief Wondrous Life of Oscar WaoThe Good Girl's Guide to Great SexI Want Sex, He Wants FriesSex DetoxWhat Do Women Want?Sexual IntelligenceHave the Sex You WantThe New MonogamyTalk to Me FirstMarried LoveHow to Teach Your Kids about Sex So You Won't Get Embarrassed & They Won't Get Aids, a Disease Or a BabyLoving BravelyGetting the Love You WantEnjoy Sex (How, When and If You Want To)PleasurePainless, Foolproof, Really Works Way to Teach Your Kids About SexAct Like a Lady, Think Like a Man LPTell Me What You WantDo You Want Sex With That?Bow DownNo More Mr. Nice Guy!Divorce BustingGetting the Sex You WantGet ItA Curious History of SexWhen You're the One Who CheatsGetting the Sex You WantTrue Love Dates

### **Get Out of Your Head**

In this headline-making book, Daniel Bergner turns everything we thought we knew

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about women's desire on its head. Drawing on extensive research and interviews with renowned behavioural scientists, sexologists, psychologists and everyday women, Daniel Bergner asks: - Do women really crave intimacy and emotional connection? - Are women more disposed to sex with strangers or multiple partners than either science or society have ever let on? - And is 'the fairer sex' actually more sexually aggressive and anarchic than men?

### **The Rules for Getting Laid**

The meteoric rise of the largest unregulated financial market in the world-for contemporary art-is driven by a few passionate, guileful, and very hard-nosed dealers. They can make and break careers and fortunes. The contemporary art market is an international juggernaut, throwing off multimillion-dollar deals as wealthy buyers move from fair to fair, auction to auction, party to glittering party. But none of it would happen without the dealers-the tastemakers who back emerging artists and steer them to success, often to see them picked off by a rival. Dealers operate within a private world of handshake agreements, negotiating for the highest commissions. Michael Shnayerson, a longtime contributing editor to Vanity Fair, writes the first ever definitive history of their activities. He has spoken to all of today's so-called mega dealers-Larry Gagosian, David Zwirner, Arne and Marc Glimcher, and Iwan Wirth-along with dozens of other dealers-from Irving Blum to Gavin Brown-who worked with the greatest artists of their times: Jackson

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Pollock, Andy Warhol, Cy Twombly, and more. This kaleidoscopic history begins in the mid-1940s in genteel poverty with a scattering of galleries in midtown Manhattan, takes us through the ramshackle 1950s studios of Coenties Slip, the hipster locations in SoHo and Chelsea, London's Bond Street, and across the terraces of Art Basel until today. Now, dealers and auctioneers are seeking the first billion-dollar painting. It hasn't happened yet, but they are confident they can push the price there soon.

### **The Invisible Orientation**

A straight-talking guide for women offers counsel on how to achieve greater sexual satisfaction, addressing issues related to anxiety and insecurity while offering advice on such topics as communicating with a partner, sex for older couples, and postpartum intimacy. By the author of *What Your Mother Never Told You About Sex*. Reprint. 30,000 first printing.

### **Taking Sexy Back**

Place of publication from publisher's website.

### **What You Really Really Want**

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As seen on The TODAY Show! “A godsend to anyone searching for, but struggling to find, true love in their lives.” —Kristin Neff, PhD, author of *Self-Compassion*  
“Empowering and compassionate, and its lessons are universal.” —Publishers Weekly  
Real love starts with you. In order to attract a life partner and build a healthy intimate relationship, you must first become a good partner to yourself. This book offers twenty invaluable lessons that will help you explore and commit to your own emotional and psychological well-being so you can be ready, resilient, and confident in love. Many of us enter into romantic relationships full of expectation and hope, only to be sorely disappointed by the realization that the partner we’ve selected is a flawed human being with their own neuroses, history, and desires. Most relationships end because one or both people haven’t done the internal work necessary to develop self-awareness and take responsibility for their own experiences. We’ve all heard “You can’t love anyone unless you love yourself,” but amid life’s distractions and the myth of perfect, romantic love, how exactly do you do that? In *Loving Bravely*, psychologist, professor and relationship expert Alexandra H. Solomon introduces the idea of relational self-awareness, encouraging you to explore your personal history to gain an understanding of your own relational patterns, as well as your strengths and weaknesses in relationships. By doing so, you’ll learn what relationships actually require, beyond the fairytale notions of romance. And by maintaining a steady but gentle focus on yourself, you’ll build the best possible foundation for making a loving connection. By understanding your past relationship experiences, cultivating a strong sense of self-

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awareness, and determining what it is you really want in a romantic partner—you'll be ready to find the healthy, lasting love your heart desires.

### **The Sex You Want**

Sitting in a meeting of Sex Addicts Anonymous, Claire Halliday insists to herself she's there for research. But while trying to work out what to say when her turn comes, she begins to wonder whether we aren't all sex addicts now. Like sugar, sex is in everything, from Bratz dolls to internet porn. On your television, on your radio, along the side of the road; in your inbox, your handheld and your frontpage. It sells and - particularly if you're a parent - it terrifies. It has always excited and disgusted, but now it does both things simultaneously, all the time. Combining memoir and reportage, Claire Halliday considers the place of sex throughout Australian life: from lounging about at the beach, to the pervasive sexualisation of advertising and children, to the more minority pursuits of swinging and porn-films, as well as the rise of the abstinence movement. She explores the issues with unsparing candour testing them against her own life and her own feelings rather than abstract ideals. The result is inquiring, challenging and fascinating. Who, after all, doesn't like sex? Just . . . perhaps . . . not right now.

### **Have the Sex You Want**

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Offers strategies for women with low libidos to help overcome the emotional, physical, and mental obstacles that are affecting passion and intimacy in their marriages.

### **Boom**

We live in a time when kids of all ages are bombarded with age-sensitive material wherever they turn; "sexting" and bullying are on the rise at an increasingly younger age, and teen moms are "celebrified." What is a concerned--and embarrassed--parent to do? With wit, wisdom, and savvy, Deborah Roffman translates her experiences gleaned from decades of teaching kids and parents, and as a mom, into strategies to help parents navigate this tricky terrain. Talk to Me First is for any parent who wants to become and remain the most credible and influential resource about sexuality in their children's lives.

### **The 5 Love Languages**

Living with an old-world mother and rebellious sister, an urban New Jersey misfit dreams of becoming the next J. R. R. Tolkien and believes that a long-standing family curse is thwarting his efforts to find love and happiness. A first novel by the author of the collection, Drown. Reprint.

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### **Overcoming Sex Addiction**

An award-winning human sexuality expert and author of the blog Sex and Psychology offers an unprecedented look at sexual fantasy based on the most comprehensive study ever conducted. What do Americans really want when it comes to sex? And is it possible for us to get what we want? Justin J. Lehmiller, one of the country's leading experts on human sexuality and author of the popular blog Sex and Psychology, has made it his career's ambition to answer these questions. He recently concluded the largest and most comprehensive scientific survey of Americans' sexual fantasies ever undertaken, a monumental two-year study involving more than 4,000 Americans from all walks of life, answering questions of unusual scope. Based on this study, *Tell Me What You Want* offers an unprecedented look into our fantasy worlds and what they reveal about us. It will help you better understand your own sexual desires and how to attain them within your relationships, but also to appreciate why the desires of partners may be so incredibly different. If we only better understood the incredible diversity of human sexual desire and why this diversity exists in the first place, we would experience less distress, anxiety, and shame about our own sexual fantasies and better understand why our partners often have sexual proclivities that are so different from our own. Ultimately, this book will you enhance your sex life and enjoy more satisfying relationships and marriages by breaking down barriers and making sexual fantasies a reality.

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### **Come as You Are**

### **Wanting Sex Again**

A marriage therapist and pastoral counselor explains that most of the feelings of receiving inadequate love come from unresolved childhood conflicts and describes how adults can learn to flourish as loving and loved people, in a new edition of the best-selling handbook. Reprint. 50,000 first printing.

### **The Brief Wondrous Life of Oscar Wao**

In this groundbreaking book, Michele Weiner-Davis gives straightforward, effective advice on preventing divorce and how couples can stay together instead of coming apart. Using case histories to illustrate her marriage-enriching, divorce-preventing techniques, which can be used even if only one partner participates, Weiner-Davis shows readers: \* How to leave the past behind and set attainable goals \* Strategies for identifying problem-solving behavior that works—and how to make changes last \* "Uncommon-sense" methods for breaking unproductive patterns Inspirational and accessible, Divorce Busting shows readers in pain that working it out is better than getting out.

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### **The Good Girl's Guide to Great Sex**

Everyone has their own concept of what “monogamy” means—and most people assume their partners and spouses are on the same page. Couples may assume that they are monogamous, but never discuss exactly what the monogamy agreement means to them. What happens when this implicit agreement is broken? After infidelity, relationships can become strained as both partners lose trust and faith in each other. The New Monogamy offers a way out of these difficulties for couples struggling to stay together after infidelity. Couples make these implicit assumptions and agreements explicit so that each partner knows exactly what is expected of them in the future and what they can expect from their partner. Author Tammy Nelson helps couples regain trust, romance, and intimacy after infidelity by redefining the monogamy contract. The new monogamy contract is an explicit relationship agreement created after the affair that allows each partner to openly, honestly, and safely share their desires, expectations, and limitations. This agreement does not create an open marriage, but rather, an open conversation wherein each partner can have a say in setting the ground rules for their relationship. The book first helps couples rebuild trust after the affair, then engages in a series of Imago dialogues based on questions about what each partner really wants in the relationship, not what you think you should want or what a partner wants you to want. The New Monogamy includes questionnaires, checklists, and candid questions for partners to ask that help welcome complete

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honesty and trust back into the relationship. Then, the book helps couples make an erotic recovery from infidelity by addressing erotic problems that may surface and offers advice for helping couples return to desiring and trusting one another. After an affair, it's impossible to go back to the way the relationship was before, but this book offers the chance for a new beginning.

### **I Want Sex, He Wants Fries**

In this empowering, accessible guide, Jaclyn Friedman—co-editor of *Yes Means Yes*—gives young women the tools to decipher the modern world's confusing, hypersexualized, sometimes dangerous landscape so they can define their own sexual identity. Friedman decries the hypocrisy and mixed messages of our culture (we're failures if we don't act sexy, but we're sluts if we actually pursue sex; we need to be protected from rapists lurking in bushes, but deserve "whatever we get" if we have a drink at a party and wear a skirt), and encourages readers to separate fear from fact, decode the damaging messages all around them, and discover a healthy personal sexuality. Educational and interactive, *What You Really Really Want* includes revealing quizzes, creative exercises, and reality-based advice about sex and sexuality today. With Friedman's informed advice to guide them, readers will build new skills for safely expressing their sexuality with lovers and explore effective ways to talk about tricky issues with family and friends—and learn how to make the world a little safer for everyone else's sexuality along the

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way.

## **Sex Detox**

This is not a comprehensive study of every sexual quirk, kink and ritual across all cultures throughout time, as that would entail writing an encyclopaedia. Rather, this is a drop in the ocean, a paddle in the shallow end of sex history, but I hope you will get pleasantly wet nonetheless. The act of sex has not changed since people first worked out what went where, but the ways in which society dictates how sex is culturally understood and performed have varied significantly through the ages. Humans are the only creatures that stigmatise particular sexual practices, and sex remains a deeply divisive issue around the world. Attitudes will change and grow – hopefully for the better – but sex will never be free of stigma or shame unless we acknowledge where it has come from. Based on the popular research project Whores of Yore, and written with her distinctive humour and wit, *A Curious History of Sex* draws upon Dr Kate Lister's extensive knowledge of sex history. From medieval impotence tests to twentieth-century testicle thefts, from the erotic frescoes of Pompeii, to modern-day sex doll brothels, Kate unashamedly roots around in the pants of history, debunking myths, challenging stereotypes and generally getting her hands dirty. This fascinating book is peppered with surprising and informative historical slang, and illustrated with eye-opening, toe-curling and meticulously sourced images from the past. You will laugh, you will wince and you

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will wonder just how much has actually changed.

### **What Do Women Want?**

No more excuses for a sexless relationship. Here's a program that finally gets to the root of a silent epidemic. Andrew G. Marshall, Great Britain's premier relationship expert and author, brings to the States his research-based program for ending obligatory 'going through the motions' sex. In *Have the Sex You Want*, Marshall moves away from the symptoms and causes of low-sex and sexless relationships, and digs immediately into offering the cure—a 10-week program that strips lovemaking down to its basics and eliminates bad habits that are driving couples apart. Couples relearn how to turn each other on, set their fantasies free, and introduce new ideas that will turn their lovemaking into an erotic, passionate, connected experience. At the heart of Marshall's program is establishing safe communication and trust without feeling fear, shame, or resentment. Marshall's secret to engaging in fulfilling and plentiful sex, is to avoid it completely—a paradox that has proven time and time again to work. From the beginning of the program, couples engage in *A Month of Sensuality*—four weeks of understanding their own erogenous zones, discovering their partner's body, and introducing sensual touching and kissing. This back-to-basics approach, which put sex off limits, takes the pressure off, does wonders for libido, teaches couples how to slow down and be present and check-in with each other about their pleasure, and urges

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them to schedule intimate time—time that is usually hijacked by hectic schedules, demanding children, and household and career duties. After they have completed A Month of Sensuality, couples graduate through two more phases that lead them to learn about different types of fantasy, orgasm, masturbation, and communication regarding what they want and need to not only have the sex they want, but the sex they always imagined they'd have. Andrew Marshall's progressive methods to bring a couple back together physically, sexually, and emotionally are practical and pleasurable and guaranteed to give you and your partner deserve—an active, erotic, transformative sexual relationship.

### **Sexual Intelligence**

Overcoming Sex Addiction is an accessible self-help guide which uses the principles of cognitive behaviour therapy to help those with problematic or unwanted patterns of sexual behaviour. It is designed for those who are not yet ready to seek professional help or who live in a place where little help is available and can be used in conjunction with general psychotherapy. Written by a leading expert in the field, the book offers an insight into the origins of sex addiction, before going on to explain the cycle of addiction and how to break it. The book has a do-it yourself week-by-week programme of action to tackle compulsive sexual behaviour, and provides extensive advice on relapse prevention to help the reader move forward in recovery. Overcoming Sex Addiction will provide clear, informed

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guidance for sex addicts and those professionals working with them.

### **Have the Sex You Want**

#### **The New Monogamy**

Debunks the "nice guy syndrome," the need to please others at one's own expense with the hope of receiving happiness, love, and fulfillment, and offers advice for how to rediscover oneself, revive one's sex life, and build better relationships with others.

#### **Talk to Me First**

Plenty of books on sex suggest that it has to be done in a certain way, or in a certain kind of relationship, or with certain people. This isn't that kind of book. *Enjoy Sex* is a truly practical, friendly guide through the confusing, and sometimes alarming, world of sex and sexuality. Its radical approach puts your experience at the heart of the book, and invites you to explore what might be enjoyable to you. With the authors' engaging and thoughtful style, the book challenges the messages we receive about 'normal' sex, looks at how to understand and care for

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yourself, delves into ideas of pleasure for different bodies, ages and tastes, explores relationships, and tackles the tricky topics of communication and consent. So, throw out the rule book and learn to listen to your own desires. This may just be the most helpful book about sex ever.

### **Married Love**

Lambda Literary Award 2014 Finalist in LGBT Nonfiction Foreword Reviews'  
INDIEFAB Book of the Year Award 2014 Finalist in Family & Relationships  
Independent Publisher Book Awards 2015 (IPPY) Silver Medal in  
Sexuality/Relationships Next Generation Indie Book Awards 2015 Winner in LGBT --  
What if you weren't sexually attracted to anyone? A growing number of people are identifying as asexual. They aren't sexually attracted to anyone, and they consider it a sexual orientation—like gay, straight, or bisexual. Asexuality is the invisible orientation. Most people believe that “everyone” wants sex, that “everyone” understands what it means to be attracted to other people, and that “everyone” wants to date and mate. But that's where asexual people are left out—they don't find other people sexually attractive, and if and when they say so, they are very rarely treated as though that's okay. When an asexual person comes out, alarming reactions regularly follow; loved ones fear that an asexual person is sick, or psychologically warped, or suffering from abuse. Critics confront asexual people with accusations of following a fad, hiding homosexuality, or making excuses for

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romantic failures. And all of this contributes to a discouraging master narrative: there is no such thing as “asexual.” Being an asexual person is a lie or an illness, and it needs to be fixed. In *The Invisible Orientation*, Julie Sondra Decker outlines what asexuality is, counters misconceptions, provides resources, and puts asexual people’s experiences in context as they move through a very sexualized world. It includes information for asexual people to help understand their orientation and what it means for their relationships, as well as tips and facts for those who want to understand their asexual friends and loved ones.

## **How to Teach Your Kids about Sex So You Won't Get Embarrassed & They Won't Get Aids, a Disease Or a Baby**

A must read for anyone who's been thinking about having an affair. Includes real-life narratives of people who have cheated. Provides insights for those who are single and cheating with a married person. Offers therapists, clergy, and counselors a look into the cheater's motivation.

## **Loving Bravely**

Here is a proven couples counseling method applied to sex for the very first time. Communication problems can erode a relationship in and out of the bedroom. This

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guide takes a proven communication method, which has been used to counsel millions of couples, and applies it to sex for the very first time. The Imago Relationship Therapy, which was pioneered by Harville Hendrix in the national bestseller and self-help classic *Getting the Love You Want*, shows readers how to understand and build trust with their partners through a unique form of dialogue. New in paperback, *Getting the Sex You Want* teaches readers how to build sexual communication skills quickly and connect with their partner in a new way. Readers learn exercises that enable them to communicate their sexual needs and desires, get past old issues, and revive passion in their relationship.

### **Getting the Love You Want**

So many women are dissatisfied with their sexual relationships—even all these years after the "sexual revolution"—but what is it that women really want? In *The Sex You Want*, authors Lisa and Marcia Douglass answer this age-old question and much more, touching on subjects that include: how women's sexuality is influenced by societal forces; how women can fall into unhealthy sexual patterns; and how the way we talk about or censor discussions on sex affects our everyday practices, and offer ways to reverse the damaging consequences. With a detailed description of the female anatomy and a section on how to achieve the utmost in orgasmic pleasure, *The Sex You Want* will help women take control of their sexuality in ways that will not only change how they relate to their bodies, but how they live in the

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world. This new paperback version is illustrated and comes with a revised introduction. "A smart, new sex guide. A step toward helping women own and appreciate their bodies."—Glamour

### **Enjoy Sex (How, When and If You Want To)**

Why are so many women eager to kindle or re-kindle their interest in sex and get the satisfaction they deserve? Sandra Leiblum, Ph.D. and Judith Sachs have been to the trenches to talk to women of all ages and all stages of life, and they know that sex is a topic of great concern. Women want pleasure but have no idea how to go about getting it. They may be uncomfortable in their bodies, tired at the end of the second shift, confused about their relationships with men and/or other women, and totally mystified as to how to turn themselves on. "GETTING THE SEX YOU WANT" will help you to understand the cycles of interest and boredom over your lifetime and discover--or rediscover--the joys of your sexuality. Leiblum and Sachs have synthesized the latest research into women's sexuality and desire with exciting results. As warmly intimate as it is savvy, this clear, accessible, inviting guide includes the voices of dozens of women speaking out for sex--hot, mysterious, elusive, but always delicious--at every stage of life.

### **Pleasure**

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In *True Love Dates*, Debra Fileta encourages singles not to “kiss dating goodbye” but instead to experience a season of dating as a way to find real love. Through reading powerful, real-life stories (including the author’s personal journey) and gaining insights from Fileta’s experience as a professional counselor, readers will discover that it is possible to find true love through dating. Christians are looking for answers to finding true love. They are disillusioned with the church that has provided little practical application in the area of love and relationships. They’ve been bombarded by Christian books that shun dating, idolize courting, fixate on spirituality, and in the end offer little real relationship help. *True Love Dates* provides honest help for dating by guiding readers into vital relationship essentials for finding true love. Debra is a young, professional Christian counselor, and *True Love Dates* offer sound advice grounded in Christian spirituality. It delivers insight, direction, and counsel when it comes to entering the world of dating and learning to do it right the first time around. Drawing on the stories and struggles of hundreds of young men and women who have pursued finding true love, Fileta helps readers bypass unnecessary pain while focusing on the things that really matter in the world of dating.

## **Painless, Foolproof, Really Works Way to Teach Your Kids About Sex**

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An essential exploration of why and how women's sexuality works—based on groundbreaking research and brain science—that will radically transform your sex life into one filled with confidence and joy. Researchers have spent the last decade trying to develop a “pink pill” for women to function like Viagra does for men. So where is it? Well, for reasons this book makes crystal clear, that pill will never be the answer—but as a result of the research that's gone into it, scientists in the last few years have learned more about how women's sexuality works than we ever thought possible, and *Come as You Are* explains it all. The first lesson in this essential, transformative book by Dr. Emily Nagoski is that every woman has her own unique sexuality, like a fingerprint, and that women vary more than men in our anatomy, our sexual response mechanisms, and the way our bodies respond to the sexual world. So we never need to judge ourselves based on others' experiences. Because women vary, and that's normal. Second lesson: sex happens in a context. And all the complications of everyday life influence the context surrounding a woman's arousal, desire, and orgasm. Cutting-edge research across multiple disciplines tells us that the most important factor for women in creating and sustaining a fulfilling sex life, is not what you do in bed or how you do it, but how you feel about it. Which means that stress, mood, trust, and body image are not peripheral factors in a woman's sexual wellbeing; they are central to it. Once you understand these factors, and how to influence them, you can create for yourself better sex and more profound pleasure than you ever thought possible. And Emily Nagoski can prove it.

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## **Act Like a Lady, Think Like a Man LP**

### **Tell Me What You Want**

\*One of Glamour’s Best Books of 2020\* Popular podcast host and personal finance expert Lindsay Goldwert explores what professional dominatrixes can teach us about confidence, power, and happiness. Imagine, for a moment, a world where the usual power dynamic is turned on its head. Where women not only stop apologizing, but seize—and enjoy—control. This is the quickly mainstreaming world of BDSM (bondage, discipline, sadism, masochism)—and it has a lot to teach women about empowerment, negotiation, open-mindedness, and more. Journalist Lindsay Goldwert, intrigued by this seismic cultural shift, traveled across the United States to meet the stars of the subculture, who spoke frankly with her about their lives and work. In this “lively, funny, thoughtful channeling of wisdom” (Sara Benincasa, author of *Real Artists Have Day Jobs*), these Alpha women show you how you can reset the power dynamic in any situation to get what you want—whether it’s from a husband, a boss, or partner. They share strategies for revolutionizing not only your sex life, but your career, your relationships, and most importantly, your inner foundations. With bondage gear popping up on the big screen, the runway, the red carpet, and in celebrity lingerie lines, BDSM is officially

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moving out of the dungeon and into the sun. Let Bow Down help you learn how to use it. “Whether your fantasies lie in the bedroom or the boardroom, Lindsay will give you the courage to go forth and dominate.” (Sarah Cooper, author of How to Be Successful without Hurting Men’s Feelings).

### **Do You Want Sex With That?**

No more excuses for a sexless relationship. Here's a program that finally gets to the root of a silent epidemic. Andrew G. Marshall, Great Britain's premier relationship expert and author, brings to the States his research-based program for ending obligatory 'going through the motions' sex. In *Have the Sex You Want*, Marshall moves away from the symptoms and causes of low-sex and sexless relationships, and digs immediately into offering the cure—a 10-week program that strips lovemaking down to its basics and eliminates bad habits that are driving couples apart. Couples relearn how to turn each other on, set their fantasies free, and introduce new ideas that will turn their lovemaking into an erotic, passionate, connected experience. At the heart of Marshall's program is establishing safe communication and trust without feeling fear, shame, or resentment. Marshall's secret to engaging in fulfilling and plentiful sex, is to avoid it completely—a paradox that has proven time and time again to work. From the beginning of the program, couples engage in *A Month of Sensuality*—four weeks of understanding their own erogenous zones, discovering their partner's body, and introducing

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sensual touching and kissing. This back-to-basics approach, which put sex off limits, takes the pressure off, does wonders for libido, teaches couples how to slow down and be present and check-in with each other about their pleasure, and urges them to schedule intimate time—time that is usually hijacked by hectic schedules, demanding children, and household and career duties. After they have completed *A Month of Sensuality*, couples graduate through two more phases that lead them to learn about different types of fantasy, orgasm, masturbation, and communication regarding what they want and need to not only have the sex they want, but the sex they always imagined they'd have. Andrew Marshall's progressive methods to bring a couple back together physically, sexually, and emotionally are practical and pleasurable and guaranteed to give you what you and your partner deserve—an active, erotic, transformative sexual relationship.

### **Bow Down**

From the New York Times bestselling author of *She Comes First* and *Be Honest—You're Not That Into Him Either* comes a revolutionary 30-day program to detoxify and rejuvenate your love life For many of us—whether we're in a relationship or actively dating in the hopes of finding that special someone—our love lives have become a source of toxicity. *Sex Recharge* offers a new way to start fresh and take action. In this practical, life-changing guide, Ian Kerner lays out a friendly, achievable 30-day course of action to help you rebuild your love life from

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the inside out. Whether you're single or coupled, Sex Recharge will enable you to achieve the relationship results you deserve.

### **No More Mr. Nice Guy!**

It is time for a new sexual revolution. It's time to take sexy back. As women, we're expected to be sexy, but not sexual. We're bombarded with conflicting, shame-inducing, and disempowering messages about sex, instead of being encouraged to connect with our true sexual selves. Sexy gets reduced to a performance, leaving us with little to no space to reckon with the complexities of sexuality. In a culture intent on telling you who and how to be, standing in your truth is revolutionary. From relationship expert Alexandra Solomon—author of *Loving Bravely*—*Taking Sexy Back* is a groundbreaking guide to deepening your connection to yourself, honoring your desires, and cultivating authentic intimate connections. On these pages, you'll discover how to deepen your sexual self-awareness, and use that awareness to create experiences that not only pleasure, but elevate, expand, and heal you. You'll learn to understand your boundaries, communicate what feels good, and bring mindfulness and self-compassion to sex. Most importantly, you'll embrace your sexuality as an evolving, essential, and beautiful part of your life. Sex is about more than what your partner enjoys or finds sexy. It's about more than having an orgasm or finding the "right" positions. It's about you. It's time to take your sexy back!

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## **Divorce Busting**

- Over 11 million copies sold - #1 New York Times Bestseller for 8 years running - Now celebrating its 25th anniversary Simple ideas, lasting love Falling in love is easy. Staying in love—that's the challenge. How can you keep your relationship fresh and growing amid the demands, conflicts, and just plain boredom of everyday life? In the #1 New York Times bestseller *The 5 Love Languages*, you'll discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner—starting today. *The 5 Love Languages* is as practical as it is insightful. Updated to reflect the complexities of relationships today, this new edition reveals intrinsic truths and applies relevant, actionable wisdom in ways that work. Includes the Couple's Personal Profile assessment so you can discover your love language and that of your loved one.

## **Getting the Sex You Want**

This is not your standard sex book. Sex therapist, sociologist, and Psychology Today contributor Dr. Marty Klein goes beyond the sex manuals to reveal how our mindsets during sex are more important than any tricks or techniques—and that

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the way to a healthier, more exciting, more fulfilling sex life lies in first developing our sexual intelligence. This book is the antidote to the many gimmick-oriented sex guides and manuals; Dr. Klein shows us how to reorient how we think about sex in order to experience a truly different way of being sexual. “Marty Klein is the Steve Jobs of sex advice. . . . Sexual Intelligence is a work of enormous wisdom and expansiveness, and will inspire readers, regardless of age, to realize their full sexual potential.” —Ian Kerner, best-selling author of *She Comes First*

### **Get It**

A practical, easy-to-understand guide on how low testosterone is affecting your marriage and how you can beat it Would Your Husband Rather Have Fries than Sex? Would he rather sleep than make love? Do you feel lonely and undesired in your marriage? Are you tired of him being tired? You are not alone. Join a growing group of women who have discovered the secret to their husband's missing energy and sex drive. T stands for testosterone - the driving force behind energy and sex drive. When it goes south, so do motivation and libido! If Your Husband Suffers from Low energy and frequent fatigue Decreased sex drive Loss of motivation Weight gain and muscle loss Erection problems he may have low testosterone. But how do you know for sure? Five Step Solution to Find the simple test that lets you know for sure Talk to your husband about low T without hurting his pride Discover how to reverse his low T safely, reliably and affordably Sort out his erectile

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dysfunction Uncover the #1 thing you're doing that reduces his interest Get the Marriage You Want Written by a woman who has been in your shoes and who specializes in helping couples in low T marriages, I Want Sex, He Wants Fries offers a candid look at the toll low testosterone takes on a marriage and how you and your husband can overcome it. Stop spending your nights lonely and frustrated. In a very short time, you can be on the path to a better marriage and sex life. The time to start is now. "Rebecca Watson has created the go-to book for husbands, wives and doctors who want to understand how low testosterone impacts marriages and how they can work together to beat it." --Athol Kay, author of The Mindful Attraction Plan

## **A Curious History of Sex**

## **When You're the One Who Cheats**

Do bad girls really have more fun? Surveys say no. The women who are most likely to enjoy sex are married and religious. In other words, they're Good Girls! But good girls know that making sex great isn't about acting trashy. It's about recognizing what God really designed sex for, and then learning how to reap all these benefits and joyfully enjoy your husband. Frank and contemporary, this ebook download of

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The Good Girls' Guide to Great Sex will give the newly engaged and new brides—and some veteran wives—a Christian place to turn to answer their most intimate, and embarrassing, questions. In a conversational style, with lots of humorous anecdotes, the book will show that sex isn't just physical: it's also an emotional and spiritual experience. And we'll learn why commitment in a Christian marriage is the perfect recipe for a sex life which is out of this world!

### **Getting the Sex You Want**

Life happens one conversation at a time, and almost everything you want is on the other side of a tough conversation. The problem? Communication is hard. You were born with a voice box, but it didn't come with instructions on how best to use it. That changes now. Communications expert AmyK Hutchens shares how to confidently and competently navigate your toughest conversations without saying something you regret, giving your power away, or damaging your relationships. In *Get It*, you'll learn: Magical phrases that effectively break down walls and create new possibilities How to prepare for your most important conversations to ensure highly profitable outcomes What to say and how to say it when someone is rude, egregious, or all up in your grill How to create connection with others instead of indulging in power plays How to honor the worth of your own voice *Get It* is more than just a how-to book--it's a beautiful and brilliant way to get the sex, salary, and success you desire, one conversation at a time.

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### **True Love Dates**

Steve Harvey, the host of the nationally syndicated Steve Harvey Morning Show, can't count the number of impressive women he's met over the years, whether it's through the "Strawberry Letters" segment of his program or while on tour for his comedy shows. Yet when it comes to relationships, they can't figure out what makes men tick. Why? According to Steve it's because they're asking other women for advice when no one but another man can tell them how to find and keep a man. In *Act Like a Lady, Think Like a Man*, Steve lets women inside the mindset of a man and sheds light on concepts and questions such as: The Ninety Day Rule: Ford requires it of its employees. Should you require it of your man? The five questions every woman should ask a man to determine how serious he is. And much more . . . Sometimes funny, sometimes direct, but always truthful, *Act Like a Lady, Think Like a Man* is a book you must read if you want to understand how men think when it comes to relationships.

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