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Where There is No Doctor

"The story begins following four seemingly unconnected characters: hard-charging Waikiki hotel general manager Gordon Coburn; anthropologist Kip Stallybrass, who is researching headhunters in Borneo; aristocratic London party girl Lady Gloria Ryder; and ruthless paparazzi photographer Mislov Rapolovitch. As the story progresses, the four plots slowly, satisfyingly converge where a conference on Shamanistic Practice has been scheduled at Coburn's hotel. But as all four characters draw nearer to their revelations, a hurricane bears down on the island"--P. [4] of cover.

God's Hotel

"Riveting . . . [The Vaccine Race] invites comparison with Rebecca Skloot's 2007 *The Immortal Life of Henrietta Lacks*."—Nature
"This is a story about the war against disease—a war without end—and the development of enormously important vaccines, but in telling that story, in showing how science works, Meredith Wadman reveals much more. I loved this book." —John M. Barry, New York Times bestselling author of *The Great Influenza*
The epic and controversial story of a major breakthrough in cell biology that led to the conquest of rubella and other devastating diseases. Until the late 1960s, tens of thousands of American children suffered crippling birth defects if their mothers had been exposed to rubella, popularly known as German measles, while pregnant; there was no vaccine and little understanding of how the disease devastated fetuses. In June 1962, a young biologist in Philadelphia, using tissue extracted from an aborted fetus from Sweden, produced safe, clean cells that allowed the creation of vaccines against rubella and other common childhood diseases. Two years later, in the midst of a devastating German measles epidemic, his colleague developed the vaccine

that would one day wipe out homegrown rubella. The rubella vaccine and others made with those fetal cells have protected more than 150 million people in the United States, the vast majority of them preschoolers. The new cells and the method of making them also led to vaccines that have protected billions of people around the world from polio, rabies, chicken pox, measles, hepatitis A, shingles and adenovirus. Meredith Wadman's masterful account recovers not only the science of this urgent race, but also the political roadblocks that nearly stopped the scientists. She describes the terrible dilemmas of pregnant women exposed to German measles and recounts testing on infants, prisoners, orphans, and the intellectually disabled, which was common in the era. These events take place at the dawn of the battle over using human fetal tissue in research, during the arrival of big commerce in campus labs, and as huge changes take place in the laws and practices governing who "owns" research cells and the profits made from biological inventions. It is also the story of yet one more unrecognized woman whose cells have been used to save countless lives. With another frightening virus imperiling pregnant women on the rise today, no medical story could have more human drama, impact, or urgency today than *The Vaccine Race*.

On My Own Country

A doctor's account of her own experience of death, heaven and return to life with a new realization of her purpose on earth. Dr Mary Neal, an orthopaedic surgeon, was on a kayaking holiday in Chile. Sceptical of near death experiences, she was to have her life transformed when her kayak became wedged in rocks at the bottom of a waterfall and was underwater for so long that her heart stopped. *To Heaven And Back* is Mary's faith-enriching story of her spiritual journey, her first-hand experience of heaven and its continuing life-enhancing effects.

The First Society: The Sacrament of Matrimony and the Restoration of the Social Order

Burnout affects a third of our population and over half of our health professionals. For the second group, the impact is magnified, as consequences play out not only on a personal level, but also on a societal level and lead to medical errors, suboptimal care, low levels of patient satisfaction, and poor clinical outcomes. Achieving wellbeing requires strategies for change. In this book, Dr. Pipas shares twelve lessons and strategies for improved health that she has learned from patients, students, and colleagues over her twenty years working as a family physician. Each lesson is based on observation and research, and begins with a story of an exemplary patient whose challenges and successes reflect the theme of the lesson. Along with the lessons, the author offers plans for action, which taken together create the framework for a healthy life. Each lesson concludes with resources and a "health challenge."

Cutting for Stone

On October 20, 2006, a middle-aged auto mechanic, Jeff Markin, walked into the emergency room at the Palm Beach Gardens Hospital and collapsed from a massive heart attack. Forty minutes later he was declared dead. After filling out his final report, the supervising cardiologist, Dr. Chauncey Crandall, started out of the room. "Before I crossed its threshold, however, I sensed God was telling me to turn around and pray for the patient," Crandall explained. With that prayer and Dr. Crandall's instruction to give the man what seemed one more useless shock from the defibrillator, Jeff Markin came back to life--and remains alive and well today. But how did a Yale-educated cardiologist whose Palm Beach practice includes some of the most powerful people in American society, including several billionaires, come to believe in supernatural healing? The answers to these questions compose a story and a spiritual journey that transformed Chauncey Crandall.

I Know This Much Is True

"Published in Great Britain under the title *Extremes: life, death and the limits of the human body* by Hodder & Stoughton. First published in the United States of America by The Penguin Press, 2014."--Title page verso.

Modern Muslim Theology

This 1963 masterpiece is widely considered one of the best novels of the greatest Russian writers of science fiction. Yet until now the only English version (unavailable for over thirty years) was based on a German translation, and was full of errors, infelicities, and misunderstandings. Now, in a new translation by Olena Bormashenko, whose translation of the authors' *Roadside Picnic* has received widespread acclaim, here is the definitive edition of this brilliant work. It tells the story of Don Rumata, who is sent from Earth to the medieval kingdom of Arkanar with instructions to observe and to save what he can. Masquerading as an arrogant nobleman, a dueler and a brawler, Don Rumata is never defeated, but can never kill. With his doubt and compassion, and his deep love for a local girl named Kira, Rumata wants to save the kingdom from the machinations of Don Reba, the first minister to the king. But given his orders, what role can he play? *Hard to Be a God* has inspired a role-playing video game and two movies, including Aleksei German's long-awaited swan song. This long overdue translation will reintroduce one of the most profound Soviet-era novels to an eager audience. Arkady and Boris Strugatsky were famous and popular Russian writers of science fiction, with more than 25 novels and novellas to their names. Hari Kunzru is the author of highly praised novels including *Gods Without Men* and *The Impressionist*. Olena Bormashenko is the acclaimed translator of the Strugatskys' *Roadside Picnic*.

Vernon God Little

What would you do with your life if your health were completely restored? If you're chronically sick, tired, or depressed, you

need a medical examination that includes, but goes beyond, the exact location of your symptoms. Integrative medicine pioneer Dr. Michael Finkelstein has helped tens of thousands of patients achieve extraordinary health with his slow medicine prescription of Skillful Living. In this refreshing book, he guides you through the essential questions for understanding various symptoms and their causes, on a path you may never have thought would lead you to solutions. Each chapter includes the key components of a successful consultation—from revealing lessons to practical prescriptions—along with illustrative anecdotes from real patients. Taking you beyond conventional medicine to examine the intricate network of factors that lie behind many common illnesses, Dr. Finkelstein empowers you to take your health back and walk down the slow medicine path—one where the answers are in the questions.

Hildegard of Bingen's Medicine

A portrait of America's last surviving almshouse describes the author's practice at Laguna Honda Hospital, explaining how its patients and low-tech focus on "attentive medicine" transformed her views about health care.

The Material Gene

"A profound exploration of what it means for all of us to live--and to die--with dignity and purpose." --People "Visceral and lyrical." --The Atlantic As the American born daughter of immigrants, Dr. Sunita Puri knew from a young age that the gulf between her parents' experiences and her own was impossible to bridge, save for two elements: medicine and spirituality. Between days spent waiting for her mother, an anesthesiologist, to exit the OR, and evenings spent in conversation with her parents about their faith, Puri witnessed the tension between medicine's impulse to preserve life at all costs and a spiritual embrace of life's temporality. And it was that tension that eventually drew Puri, a passionate but unsatisfied medical student, to palliative medicine--a new specialty attempting to translate the border between medical intervention and quality-of-life care. Interweaving evocative stories of Puri's family and the patients she cares for, That Good Night is a stunning meditation on impermanence and the role of medicine in helping us to live and die well, arming readers with information that will transform how we communicate with our doctors about what matters most to us.

Elderhood

Dominick Birdsey, a forty-year-old housepainter living in Three Rivers, Connecticut, finds his subdued life greatly disturbed when his identical twin brother Thomas, a paranoid schizophrenic, commits a shocking act of self-mutilation

Hard to Be a God

Victoria Sweet's new book, *SLOW MEDICINE*, is on sale now! For readers of Paul Kalanithi's *When Breath Becomes Air*, a medical "page-turner" that traces one doctor's "remarkable journey to the essence of medicine" (The San Francisco Chronicle). San Francisco's Laguna Honda Hospital is the last almshouse in the country, a descendant of the Hôtel-Dieu (God's hotel) that cared for the sick in the Middle Ages. Ballet dancers and rock musicians, professors and thieves—"anyone who had fallen, or, often, leapt, onto hard times" and needed extended medical care—ended up here. So did Victoria Sweet, who came for two months and stayed for twenty years. Laguna Honda, relatively low-tech but human-paced, gave Sweet the opportunity to practice a kind of attentive medicine that has almost vanished. Gradually, the place transformed the way she understood her work. Alongside the modern view of the body as a machine to be fixed, her extraordinary patients evoked an older idea, of the body as a garden to be tended. *God's Hotel* tells their story and the story of the hospital itself, which, as efficiency experts, politicians, and architects descended, determined to turn it into a modern "health care facility," revealed its own surprising truths about the essence, cost, and value of caring for the body and the soul.

Alcoholics Anonymous

In the quarter-century that Victoria Sweet has been a doctor, 'healthcare' has replaced medicine, 'providers' look at their laptops more than at their patients, and the ruthless pursuit of efficiency has vanquished the effectiveness of treatment. Victoria Sweet knows that there is an alternative way, because she has lived and practised it. In her new book, she reflects with compassion, wit, and profound insight on experiences drawn from her time in medical school, internship, and residencies, the path to the 'slow medicine' in which she has been pioneer and inspiration.

The Vaccine Race

Rooted in the Earth, Rooted in the Sky

Winner of the 2014 Diamond Anniversary Book Award Finalist for the 2014 National Communications Association Critical and Cultural Studies Division Book of the Year Award In 2000, the National Human Genome Research Institute announced the completion of a "draft" of the human genome, the sequence information of nearly all 3 billion base pairs of DNA. Since then, interest in the hereditary basis of disease has increased considerably. In *The Material Gene*, Kelly E. Happe considers the broad implications of this development by treating "heredity" as both a scientific and political concept. Beginning with the argument that eugenics was an ideological project that recast the problems of industrialization as pathologies of gender, race, and class, the book traces the legacy of this ideology in contemporary practices of genomics. Delving into the discrete and often obscure epistemologies and discursive practices of genomic scientists, Happe maps the ways in which

the hereditarian body, one that is also normatively gendered and racialized, is the new site whereby economic injustice, environmental pollution, racism, and sexism are implicitly reinterpreted as pathologies of genes and by extension, the bodies they inhabit. Comparing genomic approaches to medicine and public health with discourses of epidemiology, social movements, and humanistic theories of the body and society, *The Material Gene* reworks our common assumption of what might count as effective, just, and socially transformative notions of health and disease.

Medical Humanities

This textbook uses concepts and methods of the humanities to enhance understanding of medicine and health care.

Raising the Dead

The Comfort Garden: Tales from the Trauma Unit When the Caregiver Needs Solace The Comfort Garden is Laurie Barkin's account of the five years she worked as a psychiatric nurse on the surgical/trauma unit at San Francisco General Hospital. Told against the backdrop of patients who survived motor vehicle accidents, falls, fires, fists, bullets, and knives, *The Comfort Garden* is a metaphor for the emotional support caregivers need. The story illuminates the issues of compassion fatigue and vicarious trauma that may develop in caregivers when exposure to tragedy becomes routine. *The Comfort Garden* will appeal to health care professionals, firefighters, police, war veterans, social workers, journalists, students, and anyone whose life is touched by trauma. "The Comfort Garden reveals the real world of human-to-human caring at its highest level." Jean Watson, RN, PhD, author of *Human Caring Science: A Theory of Nursing* "Laurie is that rare health professional with a gift for narrative and a story to tell. This is an important book for any health care worker, but especially for those of us who consider ourselves traumatic stress specialists. It reinforces the values and the spirit that brought us into the field. And it reminds us of the obstacles we face every day: human cruelty, social injustice, dwindling resources. Read this. You'll be better for it." Frank M Ochberg MD, Clinical Professor of Psychiatry, Michigan State University Laurie Barkin "sensitively documents the process of vicarious trauma how caregivers like herself internalize their patients trauma." San Francisco Chronicle "In an age when hospitals have been turning to quicker-acting medications, faster discharges, and fewer deep and meaningful conversations with patients, Laurie Barkin takes the opposite position. She urges us to make the time to use our knowledge of psychodynamic psychotherapy to help traumatized people early in the course of their distress." Lenore Terr MD, psychiatrist, author of *Too Scared to Cry* "Whenever we walk into a hospital or a doctor's office we often assume that the patients are somehow broken, sick or frightened and that the nurses and doctors are whole, healthy and brave. In stories that prove these assumptions false, Laurie Barkin shows us how permeable the line actually is between the cared for and the caregiver." Cortney Davis, author of *The Heart's Truth: Essays on the Art of Nursing*

Island Practice

Finalist for the Pulitzer Prize in General Nonfiction A New York Times Bestseller Longlisted for the Andrew Carnegie Medal for Excellence in Nonfiction Winner of the WSU AOS Bonner Book Award As revelatory as Atul Gawande's *Being Mortal*, physician and award-winning author Louise Aronson's *Elderhood* is an essential, empathetic look at a vital but often disparaged stage of life. For more than 5,000 years, "old" has been defined as beginning between the ages of 60 and 70. That means most people alive today will spend more years in elderhood than in childhood, and many will be elders for 40 years or more. Yet at the very moment that humans are living longer than ever before, we've made old age into a disease, a condition to be dreaded, denigrated, neglected, and denied. Reminiscent of Oliver Sacks, noted Harvard-trained geriatrician Louise Aronson uses stories from her quarter century of caring for patients, and draws from history, science, literature, popular culture, and her own life to weave a vision of old age that's neither nightmare nor utopian fantasy--a vision full of joy, wonder, frustration, outrage, and hope about aging, medicine, and humanity itself. *Elderhood* is for anyone who is, in the author's own words, "an aging, i.e., still-breathing human being."

The Comfort Garden

A visionary investigation that will change the way we think about health care: how and why it is failing, why expanding coverage will actually make things worse, and how our health care can be transformed into a transparent, affordable, successful system. In 2007, David Goldhill's father died from infections acquired in a hospital, one of more than two hundred thousand avoidable deaths per year caused by medical error. The bill was enormous—and Medicare paid it. These circumstances left Goldhill angry and determined to understand how world-class technology and personnel could coexist with such carelessness—and how a business that failed so miserably could be paid in full. *Catastrophic Care* is the eye-opening result. Blending personal anecdotes and extensive research, Goldhill presents us with cogent, biting analysis that challenges the basic preconceptions that have shaped our thinking for decades. Contrasting the Island of health care with the Mainland of our economy, he demonstrates that high costs, excess medicine, terrible service, and medical error are the inevitable consequences of our insurance-based system. He explains why policy efforts to fix these problems have invariably produced perverse results, and how the new Affordable Care Act is more likely to deepen than to solve these issues. Goldhill steps outside the incremental and wonkish debates to question the conventional wisdom blinding us to more fundamental issues. He proposes a comprehensive new way, where the customer (the patient) is first—a system focused on health and maintaining it, a system strong and vibrant enough for our future. If you think health care is interesting only to institutes and politicians, think again: *Catastrophic Care* is surprising, engaging, and brimming with insights born of questions nobody has thought to ask. Above all it is a book of new ideas that can transform the way we understand a subject we often take for granted.

The Food of the Gods

Everyone seems to agree that Western Civilization is in trouble. The problem is that no one agrees on what has gone wrong or what to do about it. Some think we have too much government, some not enough; some think we have too much capitalism, some not enough; some think we have too much sexual freedom, some not enough. But what if the problem is much more fundamental? What if the problem goes to the very foundations of who we are as human beings in relationship with God? In *The First Society: The Sacrament of Matrimony and the Restoration of the Social Order*, Scott Hahn makes the startling claim that our society's ills and its cures are rooted in whether we reject or accept the divine graces made available through the Sacrament of Holy Matrimony. Man, he argues, is social in his very nature. We were created for community. As it was in the beginning, so it remains today. The family, formed through the Sacrament of Matrimony, is the most basic building block of every society—whether we like it or not. We've corrupted marriage, and so we have a corrupt society. If we get marriage right, our society, through God's grace, will flourish. This is so because Matrimony, like all the sacraments, heals and elevates human nature. Without marriage, our ambitions toward a just social order will remain forever foolhardy. With it, the seemingly impossible, a truly peaceful and humane civilization, becomes possible.

Slow Medicine

With this, Martin Nguyen aims to bring Muslim theology into the present day. *Modern Muslim Theology* argues that theology is a creative process, rather than a purely academic pursuit, and discusses how the Islamic tradition can help contemporary practitioners negotiate their relationships with God, with one another, and with the rest of creation.

The Soul of Care

Life's Work

The Gods of Gotham

Outlines a less invasive, more humane approach to end-of-life care, sharing the stories of the author's parents and explaining the political and technological factors that are interfering with patient preferences.

Extreme Medicine

Published in 1904 *The Food of the Gods* is a forgotten H.G. Wells classic; it is sci-fi and dystopia at its best written by the creator and master of the genre. Following extensive research in the field of ?growthOCO, Mr Bensington and Professor Redwood light upon a new mysterious element, a food that causes greatly accelerated development. Initially christening their discovery ?The Food of the GodsOCO, the two scientists are overwhelmed by the possible ramifications of their creation. With Aunt Jane refusing to give house room to their experiments, Mr Besington is forced to take his laboratory out into the wide world, and chooses a farm at Hicklebyrow in Kent that offers him the chance to test his new substance on chickens, which duly grow monstrous, six or seven times their usual size. With the farmer, Mr Skinner, failing to contain the spread of the Food, chaos soon reigns as reports come in of the local populationOCO's encounter with monstrous wasps, earwigs and rats. When the chickens escape, they leave carnage in their wake. Keen not to be outdone, the Skinners and Redwoods have both been feeding their children the compound illicitly ? their eventual offspring will constitute a new age of giants. Public opinion rapidly turns against the scientists and society as a whole rebels against the worldOCO's new flora and fauna. Daily life has changed shockingly and now politicians are involved, trying to stamp out the Food of the Gods and the giant race. Comic and at times surprisingly touching and tragic, WellsOCO's story is a cautionary tale warning against the rampant advances of science but also of the dangers of greed and political infighting and shameless vote-seeking."

Knocking on Heaven's Door

Marion and Shiva Stone are twin brothers born of a secret union between a beautiful Indian nun and a brash British surgeon. Orphaned by their mother's death and their father's disappearance and bound together by a preternatural connection and a shared fascination with medicine, the twins come of age as Ethiopia hovers on the brink of revolution. Moving from Addis Ababa to New York City and back again, *Cutting for Stone* is an unforgettable story of love and betrayal, medicine and ordinary miracles—and two brothers whose fates are forever intertwined.

Reaching Down the Rabbit Hole

The story of two doctors, a father and son, who practiced in very different times and the evolution of the ethics that profoundly influence health care As a practicing physician and longtime member of his hospital's ethics committee, Dr. Barron Lerner thought he had heard it all. But in the mid-1990s, his father, an infectious diseases physician, told him a stunning story: he had physically placed his body over an end-stage patient who had stopped breathing, preventing his colleagues from performing cardiopulmonary resuscitation, even though CPR was the ethically and legally accepted thing to do. Over the next few years, the senior Dr. Lerner tried to speed the deaths of his seriously ill mother and mother-in-law to spare them further suffering. These stories angered and alarmed the younger Dr. Lerner—an internist, historian of medicine, and bioethicist—who had rejected physician-based paternalism in favor of informed consent and patient

autonomy. *The Good Doctor* is a fascinating and moving account of how Dr. Lerner came to terms with two very different images of his father: a revered clinician, teacher, and researcher who always put his patients first, but also a physician willing to “play God,” opposing the very revolution in patients' rights that his son was studying and teaching to his own medical students. But the elder Dr. Lerner’s journals, which he had kept for decades, showed the son how the father’s outdated paternalism had grown out of a fierce devotion to patient-centered medicine, which was rapidly disappearing. And they raised questions: Are paternalistic doctors just relics, or should their expertise be used to overrule patients and families that make ill-advised choices? Does the growing use of personalized medicine—in which specific interventions may be best for specific patients—change the calculus between autonomy and paternalism? And how can we best use technologies that were invented to save lives but now too often prolong death? In an era of high-technology medicine, spiraling costs, and health-care reform, these questions could not be more relevant. As his father slowly died of Parkinson’s disease, Barron Lerner faced these questions both personally and professionally. He found himself being pulled into his dad’s medical care, even though he had criticized his father for making medical decisions for his relatives. Did playing God—at least in some situations—actually make sense? Did doctors sometimes “know best”? A timely and compelling story of one family’s engagement with medicine over the last half century, *The Good Doctor* is an important book for those who treat illness—and those who struggle to overcome it.

Guide to Becoming a Physician

This ground-breaking contribution to medicine and healing contains translations of Hildegard text which reflect the high point of medieval, alchemical, and healing science. Commentary by the authors who have worked clinically with Hildegard's wisdom for over thirty years includes information on ways to treat nervous disorders, indigestion, heart problems, and cancer.

God's Hotel

A top neurologist explains the difficulty of diagnosing brain diseases through such cases as a college quarterback who keeps calling the same play and a salesman who continuously drives around a traffic circle.

To Heaven and Back

With a Foreword by Nathaniel Philbrick, author of the bestseller *In the Heart of the Sea* If you need an appendectomy, he can do it with a stone scalpel he carved himself. If you have a condition nobody can diagnose—“creeping eruption” perhaps—he can identify what it is, and treat it. A baby with toe-tourniquet syndrome, a human leg that’s washed ashore, a

horse with Lyme disease, a narcoleptic falling face-first in the street, a hermit living underground—hardly anything is off-limits for Dr. Timothy J. Lepore. This is the spirited, true story of a colorful, contrarian doctor on the world-famous island of Nantucket. Thirty miles out to sea, in a strikingly offbeat place known for wealthy summer people but also home to independent-minded, idiosyncratic year-rounders, Lepore holds the life of the island, often quite literally, in his hands. He's surgeon, medical examiner, football team doctor, tick expert, unofficial psychologist, accidental homicide detective, occasional veterinarian. When crisis strikes, he's deeply involved. He's treated Jimmy Buffett, Chris Matthews, and various Kennedy relatives, but he makes house calls for anyone and lets people pay him nothing—or anything: oatmeal raisin cookies, a weather-beaten .44 Magnum, a picture of a Nepalese shaman. Lepore can be controversial and contradictory, espousing conservative views while performing abortions and giving patients marijuana cookies. He has unusual hobbies: he's a gun fanatic, roadkill collector, and concocter of pastimes like knitting dog-hair sweaters. Ultimately, *Island Practice* is about a doctor utterly essential to a community at a time when medicine is increasingly money-driven and impersonal. Can he remain a maverick even as a healthcare chain subsumes his hospital? Every community has—or, some would say, needs—a Doctor Lepore, and his island's drive to retain individuality in a cookie-cutter world is echoed across the country.

That Good Night

In *Life's Work*, an outspoken, Christian reproductive justice advocate and abortion provider (one of the few doctors to provide such services to women in Mississippi and Alabama) pulls from his personal and professional journeys as well as the scientific training he received as a doctor to reveal how he came to believe, unequivocally, that helping women in need, without judgment, is precisely the Christian thing to do. Dr. Willie Parker grew up in the Deep South, lived in a Christian household, and converted to an even more fundamentalist form of Christianity as a young man. But upon reading an interpretation of the Good Samaritan in a sermon by Dr. Martin Luther King, Jr., he realized that in order to be a true Christian, he must show compassion for all women regardless of their needs. In 2009, he stopped practicing obstetrics to focus entirely on providing safe abortions for the women who need help the most—often women in poverty and women of color—and in the hot bed of the pro-choice debate: the South. He soon thereafter traded in his private practice and his penthouse apartment in Hawaii for the life of an itinerant abortion provider, focusing most recently on women in the Deep South. In *Life's Work*, Dr. Willie Parker tells a deeply personal and thought-provoking narrative that illuminates the complex societal, political, religious, and personal realities of abortion in the United States from the unique perspective of someone who performs them and defends the right to do so every day. He also looks at how a new wave of anti-abortion activism, aimed at making incremental changes in laws and regulations state by state, are slowly chipping away at the rights of women to control their own lives. In revealing his daily battle against mandatory waiting periods and bogus rules governing the width of hallways, Dr. Parker uncovers the growing number of strings attached to the right to choose and makes a powerful Christian case for championing reproductive rights.

Catastrophic Care

A moving memoir and an extraordinary love story that shows how an expert physician became a family caregiver and learned why care is so central to all our lives and yet is at risk in today's world. When Dr. Arthur Kleinman, an eminent Harvard psychiatrist and social anthropologist, began caring for his wife, Joan, after she was diagnosed with early-onset Alzheimer's disease, he found just how far the act of caregiving extended beyond the boundaries of medicine. In *The Soul of Care: The Moral Education of a Husband and a Doctor*, Kleinman delivers a deeply human and inspiring story of his life in medicine and his marriage to Joan, and he describes the practical, emotional and moral aspects of caretaking. He also writes about the problems our society faces as medical technology advances and the cost of health care soars but caring for patients no longer seems important. Caregiving is long, hard, unglamorous work--at moments joyous, more often tedious, sometimes agonizing, but it is always rich in meaning. In the face of our current political indifference and the challenge to the health care system, he emphasizes how we must ask uncomfortable questions of ourselves, and of our doctors. To give care, to be "present" for someone who needs us, and to feel and show kindness are deep emotional and moral experiences, enactments of our core values. The practice of caregiving teaches us what is most important in life, and reveals the very heart of what it is to be human.

Sooner Or Later

Slow Medicine

What would you do with your life if your health were completely restored? Go beyond conventional medicine with this revolutionary guide to understanding wellness on a deeper level. Are you as healthy as you could be, as healthy as you would like to be? Do you wake up feeling rested? Do you feel physically attractive? Do you give yourself more supportive messages than critical ones? Is the home you live in harmonious? Is your job fulfilling? Are you able to let go of your attachment to specific outcomes and embrace uncertainty? Are you free from disease? How nice would it feel to be that healthy, to achieve extraordinary health? Integrative medicine pioneer Dr. Michael Finkelstein has helped tens of thousands of patients get there with his novel blend of conventional and holistic medicine. In this refreshing new book, he outlines his groundbreaking perspective and shares the tools you will need to manage your own recovery from the vast array of ailments and illnesses that often go unresolved in the modern American health care system. He then illuminates a path that will help you put these health challenges into an entirely new context, seeing beyond the symptoms and reaching a state of health that might otherwise seem impossible—a functional state of well-being that lab reports can't begin to measure. Drawing on decades of medical experience and patient consultations, as well as a good dose of common sense and

practical wisdom, Dr. Finkelstein guides you through 77 questions that will help you understand various symptoms, their causes, and a path you may never have thought would lead you to solutions. Each chapter in this boundary-shattering book includes the key components of a successful consultation—from revealing lessons to practical prescriptions—along with illustrative anecdotes from real patients. In this warm, reassuring, enlightening book, Dr. Finkelstein takes you beyond conventional medicine to examine the intricate network of factors that lie behind many common illnesses—and empowers you to take your health back. It's time to walk down another path, one where the answers are in the questions.

A Doctor's Dozen

Hailed by the critics and lauded by readers for its riotously funny and scathing portrayal of America in an age of trial by media, materialism, and violence, *Vernon God Little* was an international sensation when it was first published in 2003 and awarded the prestigious Man Booker Prize. The memorable portrait of America is seen through the eyes of a wry, young, protagonist. Fifteen-year-old Vernon narrates the story with a cynical twang and a four-letter barb for each of his townsfolk, a medley of characters. With a plot involving a school shooting and death-row reality TV shows, Pierre's effortless prose and dialogue combine to form a novel of postmodern gamesmanship.

Chasing Mercury

Shelter-in-place orders around the world have people questioning, "Does God see us? Can he help us through this nerve-racking time? Dr. David Jeremiah shares through psalms that God is always walking beside us. Now is the time to Shelter in God. Renowned pastor and teacher Dr. David Jeremiah believes comfort can be found in the Psalms, both now during the coronavirus pandemic and during all of life's greatest challenges. This newly collected volume will show how finding refuge in God is always our safest place. Shelter in God offers hope in a time of uncertainty and relief to people who are experiencing real troubles and fear. Find ways to worship in times of trouble, experience prayer in pressure, show grace when you are at your wits' end, and with God's help, triumph over trouble. Shelter in God is an invaluable source of help and encouragement for people facing major obstacles during the COVID-19 pandemic and beyond. Portions of Shelter in God were previously included in Dr. Jeremiah's classic *When Your World Falls Apart*.

77 Questions for Skillful Living

If you or a family member suffer from a life-threatening illness and have been told there is little chance of a medical cure or remission, "Sooner or Later" is written for you. It offers the reader a safe place to help process the turbulent emotions during the diagnosis phase and remain sane, rational and in control. Pertinent questions to ask specialists, written in a way

reader and provider understand, empower patients and their families to seek the appropriate level of care. To date, no other book offers the information and tools to take control and make good decisions to maintain the best quality of life. "Sooner or Later is a rare treasure. This book shines with compassion, wisdom, humor, and truth. I believe it should be must reading for everyone. Really " Christiane Northrup, M.D.

The Good Doctor

Rooted in the Earth, Rooted in the Sky is a detailed study of the medicine of Hildegard of Bingen, a medieval mystic, theologian and composer, who also wrote a practical medical text. Although there has been an explosion of interest in Hildegard's music, theology, illuminations and medicine in the last two decades, this is the first book to use her remarkable text to revise not only our conception of Hildegard but also of premodern medicine itself. It does so by contextualizing her work with primary and secondary historical sources, unedited manuscripts, anthropological and archeological evidence and linguistic analyses. Its surprising conclusion is that the premodern body was more like a plant than a machine or a computer program, and the physician more like a gardener than a mechanic or a computer programmer.

Acts of God While on Vacation

One of Publishers Weekly's Top Ten Mystery/Thrillers of the Year One of Kirkus Reviews' Ten Best Crime Novels of the Year One of Gillian Flynn's "Recommendations for the Season" on Today Edgar(R) Award Nominee for Best Novel ALA Reading List Award for Best Mystery 1845: New York City forms its first police force. The great potato famine hits Ireland. These two events will change New York City forever... Timothy Wilde tends bar, saving every dollar in hopes of winning the girl of his dreams. But when his dreams are destroyed by a fire that devastates downtown Manhattan, he is left with little choice but to accept a job in the newly minted New York City Police Department. Returning exhausted from his rounds one night, Tim collides with a girl no more than ten years old... covered in blood. She claims that dozens of bodies are buried in the forest north of Twenty-Third Street. Timothy isn't sure whether to believe her, but as the image of a brutal killer is slowly revealed and anti-Irish rage infects the city, the reluctant copper star is engaged in a battle that may cost him everything...

Shelter in God

Chasing Mercury is a spectacular international, romantic-suspense-memoir painted on the canvas of families devoted to human and environmental rights. Chasing Mercury honors the 2017 ratification of the United Nations Minamata Convention on Mercury and is the first of a series of three books in the Chasing Mercury Toxic Trilogy.

Access Free Gods Hotel A Doctor A Hospital And A Pilgrimage To The Heart Of Medicine

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