

The Anatomy Of Human Destructiveness

Civilized Man's Eight Deadly Sins
The Anatomy of Human Destructiveness
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Civilized Man's Eight Deadly Sins

A decade in the making, the Handbook is the definitive contemporary exposition of interpersonal psychoanalysis. It provides an authoritative overview of development, psychopathology, and treatment as conceptualized from the interpersonal viewpoint.

The Anatomy of Human Destructiveness

A study of aggression from the renowned social psychologist and New York Times–bestselling author of *The Art of Loving* and *Escape from Freedom*. Throughout history, humans have shown an incredible talent for destruction as well as creation. Aggression has driven us to great heights and brutal lows. In *The Anatomy of Human Destructiveness*, renowned social psychologist Erich Fromm discusses the differences between forms of aggression typical for animals and two very specific forms of destructiveness that can only be found in human beings: sadism and necrophilic destructiveness. His case studies span zoo animals, necrophiliacs, and the psychobiographies of notorious figures such as Adolf Hitler and Joseph Stalin. Through his broad scholarship, Fromm offers a comprehensive exploration of the human impulse for violence. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author’s estate.

Handbook of Interpersonal Psychoanalysis

Erich Fromm was a political activist, psychologist, psychoanalyst, philosopher, and one of the most important intellectuals of the twentieth century. Known for his theories of personality and political insight, Fromm dissected the sadomasochistic appeal of brutal dictators while also eloquently championing love—which, he insisted, was nothing if it did not involve joyful contact with others and humanity at

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large. Admired all over the world, Fromm continues to inspire with his message of universal brotherhood and quest for lasting peace. The first systematic study of Fromm's influences and achievements, this biography revisits the thinker's most important works, especially *Escape from Freedom* and *The Art of Loving*, which conveyed important and complex ideas to millions of readers. The volume recounts Fromm's political activism as a founder and major funder of Amnesty International, the National Committee for a Sane Nuclear Policy, and other peace groups. Consulting rare archival materials across the globe, Lawrence J. Friedman reveals Fromm's support for anti-Stalinist democratic movements in Central and Eastern Europe and his efforts to revitalize American democracy. For the first time, readers learn about Fromm's direct contact with high officials in the American government on matters of war and peace while accessing a deeper understanding of his conceptual differences with Freud, his rapport with Neo-Freudians like Karen Horney and Harry Stack Sullivan, and his association with innovative artists, public intellectuals, and world leaders. Friedman elucidates Fromm's key intellectual contributions, especially his innovative concept of "social character," in which social institutions and practices shape the inner psyche, and he clarifies Fromm's conception of love as an acquired skill. Taking full stock of the thinker's historical and global accomplishments, Friedman portrays a man of immense authenticity and spirituality who made life in the twentieth century more humane than it might have been.

American Nightmare

An insightful look at alienation in the modern world from the New York Times–bestselling author of *The Art of Loving* and *Escape from Freedom*. Social psychologist Erich Fromm observed the spread of alienation in the 1960s, arguing that humans who were once dynamic, creative beings were reduced to fixating on TV screens, emotionally paralyzed by anxieties over threats like nuclear war. Though we may stare at different devices and worry about other dangers today, his insights are as useful as ever, and allow us to gain perspective on the human condition. A collection of his writings on “New Humanism” and the need to reclaim our happiness and peace of mind, this is a thoughtful, fascinating overview of the past that shaped us, and the philosophies and practices that can ensure a better future, both for ourselves and for the world at large. Included are reflections on thinkers from Karl Marx to medieval Catholic mystic Meister Eckhart, as “Fromm’s large, keen mind and attractive, likable voice [strive] for heart as he asks himself the hardest questions of his day” (Kirkus Reviews). This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author’s estate.

The Biophilia Hypothesis

The renowned psychoanalyst and New York Times–bestselling author of *The Art of Loving* unites philosophy from the East and West. In 1957, social philosopher and psychoanalyst Erich Fromm invited

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Daisetz T. Suzuki, the most famous Zen Buddhist master in the Western world, to a seminar at his new home in Cuernavaca, Mexico. Their discussion was one of the highlights of Fromm's life, and the paper Fromm presented (and later expanded into a book) was a watershed work. Fromm demonstrates his mastery of the philosophy and practice of Zen, perfectly articulating how Zen tenets fit into the ideas of psychoanalysis. In this text, he creates new perspectives on both systems of thought. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

Death and Mastery

A study of man's destructive nature that utilizes evidence from psychoanalysis, neurophysiology, animal psychology, paleontology, and anthropology and is documented with clinical examples

Stop Teaching Our Kids to Kill

The renowned psychoanalyst Erich Fromm not only analyzed society and societal processes. Together with Michael Maccoby he did a study of Mexican peasants to empirically illustrate how historical, economic and social requirements determine behavior. Social Character in a Mexican Village does much more than introduce a new approach to the analysis of social phenomena. It throws new light on one of the world's most pressing problems, the impact of the industrialized world on the traditional

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character of peasants. Unanimously the book is an outstanding introduction to Fromm's concept of social character.

The Lives of Erich Fromm

The renowned social psychologist and New York Times–bestselling author shares his insights on the process of psychotherapy, drawing on his own experience. Over the course of a distinguished career, Erich Fromm built a reputation as a talented speaker and gifted psychoanalyst—the first specialization of this polymath. *The Art of Listening* is a transcription of a seminar Fromm gave in 1974 to American students in Switzerland. It provides insight into Fromm's therapy techniques as well as his thoughts and mindset while working. In this intimate look at his profession, Fromm dismantles psychoanalysis and then reassembles it in a clear and engaging fashion. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

Social Character in a Mexican Village

Tom Shadyac is a storyteller. For over 25 years he was one of the top directors in Hollywood, producing some of its highest grossing comedies. However, after his world was rocked by a health condition, he began to consider his purpose, realising an intense need to live life with greater authenticity. Just about everything today comes with an operating manual - from your computer to your car, from your mobile

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phone to your iPad. Is it possible that Life comes with an operating manual, as well? That's the simple, but powerful premise of Tom Shadyac's inspiring and provocative first book. Written as a series of essays and dialogues, we are invited into a conversation that is both challenging and empowering. The question now is, can we discern what is written inside of this operating manual and garner the courage to live in accordance with its precepts? A Native American myth tells of two wolves that live inside each of us, two wolves engaged in a fierce battle for control of our lives. One wolf, the fearful wolf, walks in anger, ego, envy, greed, resentment and lies. The other wolf, the truthful wolf, lives in appreciation, kindness, love, joy, compassion, and empathy. Life's Operating Manual is expressed as a series of dialogues between the two wolves of fear and truth, with Tom reflecting on the life experiences that led him to these deep internal meditations. Authentic, direct and profound, Life's Operating Manual is an unexpected gift to any spiritual seeker.

For the Love of Life

"The Revolution of Hope lives up to its title with an uplifting exploration of the definition of hope, what it truly means to be human, and steps that should be taken to promote humanization in an increasingly disconnected and technology-driven society. [The American Mental Health Foundation's Fromm titles] are timely, directly relevant to modern psychological and social issues, and bring absolutely invaluable humanist messages to temper psychology's scientific

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and healing discipline. Highly recommended, especially for college library collections." Midwest Book Review First published in 1968, the year of international-student confrontation and revolution, this classic challenges readers to choose which of two roads humankind ought to take: the one, leading to a completely mechanized society with the individual a helpless cog in a machine bent on mass destruction; or the second, being the path of humanism and hope."

Psychoanalysis and Zen Buddhism

In a world in which violence in every form seems to be increasing, Erich Fromm has treated this problem with deep perception in the most original and far-reaching work of his brilliant career. Fromm asks: what is there in the conditions of human existence to lead man to the orgies of destruction and violence in which he has indulged? By drawing on the findings of anthropology, palaeontology, psychology and history; and including striking character analyses of Stalin, Hitler and Himmler, he shows how the failure to use our capacity for love and reason results in the development of the reverse: we wish to control life absolutely, or to destroy it.

The Heart of Man

A retired lieutenant colonel and the founder of the Parent Coaching institute join forces to make the case that violence in media and games conditions children to take it for granted as an acceptable part of life and

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trains them to be successful instigators of violence. Original.

The Art of Being

The first philosophers of the Frankfurt School famously turned to the psychoanalytic theories of Sigmund Freud to supplement their Marxist analyses of ideological subjectification. Since the collapse of their proposed "marriage of Marx and Freud," psychology and social theory have grown apart to the impoverishment of both. Returning to this union, Benjamin Y. Fong reconstructs the psychoanalytic "foundation stone" of critical theory in an effort to once again think together the possibility of psychic and social transformation. Drawing on the work of Hans Loewald and Jacques Lacan, Fong complicates the famous antagonism between Eros and the death drive in reference to a third term: the woefully undertheorized drive to mastery. Rejuvenating Freudian metapsychology through the lens of this pivotal concept, he then provides fresh perspective on Theodor Adorno, Max Horkheimer, and Herbert Marcuse's critiques of psychic life under the influence of modern cultural and technological change. The result is a novel vision of critical theory that rearticulates the nature of subjection in late capitalism and renews an old project of resistance.

Beyond Freud

"A work of bright and careful genius." —Robert Moor, New York Times bestselling author of *On Trails*

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“Fathoms took my breath away. Every page is suffused with magic and meaning.” —Ed Yong, *New York Times* bestselling author of *I Contain Multitudes*

Fathoms is a gorgeous meditation on the awe-inspiring lives of whales, revealing what they can teach us about ourselves, our planet, and our relationship to other species. When writer Rebecca Giggs encountered a humpback whale stranded on her local beachfront in Australia, she began to wonder how the lives of whales reflect the condition of our oceans. *Fathoms: The World in the Whale* blends natural history, philosophy, and science to explore: How do whales experience ecological change? How has whale culture been both understood and changed by human technology? What can observing whales teach us about the complexity, splendour, and fragility of life? In *Fathoms*, we learn about whales so rare they have never been named, whale songs that sweep across hemispheres in annual waves of popularity, and whales that have modified the chemical composition of our planet’s atmosphere. We travel to Japan to board the ships that hunt whales and delve into the deepest seas to discover how plastic pollution pervades our earth’s undersea environment. In the spirit of Rachel Carson and Rebecca Solnit, Giggs gives us a vivid exploration of the natural world even as she addresses what it means to write about nature at a time of environmental crisis. With depth and clarity, Giggs outlines the challenges we face as we attempt to understand the perspectives of other living beings, and our own place on an evolving planet. Evocative and inspiring, *Fathoms* marks the arrival of an essential new voice.

What Evil Means to Us

C. Fred Alford interviewed working people, prisoners, and college students in order to discover how people experience evil—in themselves, in others, and in the world. What people meant by evil, he found, was a profound, inchoate feeling of dread so overwhelming that they tried to inflict it on others to be rid of it themselves. A leather-jacketed emergency medical technician, for example, one of the many young people for whom vampires are oddly seductive icons of evil, said he would "give anything to be a vampire." Drawing on psychoanalytic theory, Alford argues that the primary experience of evil is not moral but existential. The problems of evil are complicated by the terror it evokes, a threat to the self so profound it tends to be isolated deep in the mind. Alford suggests an alternative to this bleak vision. The exercise of imagination—in particular, imagination that takes the form of a shared narrative—offers an active and practical alternative to the contemporary experience of evil. Our society suffers from a paucity of shared narratives and the creative imagination they inspire.

Malignant Narcissism and Power

Why do people choose authoritarianism over freedom? The classic study of the psychological appeal of fascism by a New York Times–bestselling author. The pursuit of freedom has indelibly marked Western culture since Renaissance humanism and Protestantism began the fight for individualism and self-determination. This freedom, however, can make

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people feel unmoored, and is often accompanied by feelings of isolation, fear, and the loss of self, all leading to a desire for authoritarianism, conformity, or destructiveness. It is not only the question of freedom that makes Fromm's debut book a timeless classic. In this examination of the roots of Nazism and fascism in Europe, Fromm also explains how economic and social constraints can also lead to authoritarianism. By the author of *The Sane Society* and *The Anatomy of Human Destructiveness*, this is a fascinating examination of the anxiety that underlies our darkest impulses, an enlightening volume perfect for readers of Eric Hoffer or Hannah Arendt. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

People of the Lie

Creative Arts in Humane Medicine is a book for medical educators, practitioners, students and those in the allied health professions who wish to learn how the arts can contribute toward a more caring and empathic approach to medicine. Topical research and inspiring real-life accounts from international innovators in the field of humanistic medicine show how the creative arts in varied forms can contribute toward greater learning and understanding in medicine, as well as improved health and quality of life for patients and practitioners.

Man for Himself

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Human health and well-being are inextricably linked to nature; our connection to the natural world is part of our biological inheritance. In this engaging book, a pioneer in the field of biophilia—the study of human beings' inherent affinity for nature—sets forth the first full account of nature's powerful influence on the quality of our lives. Stephen Kellert asserts that our capacities to think, feel, communicate, create, and find meaning in life all depend upon our relationship to nature. And yet our increasing disconnection and alienation from the natural world reflect how seriously we have undervalued its important role in our lives. Weaving scientific findings together with personal experiences and perspectives, Kellert explores specific human tendencies—including affection, aversion, intellect, control, aesthetics, exploitation, spirituality, and communication—to discover how they are influenced by our relationship with nature. He observes that a beneficial relationship with the natural world is an instinctual inclination, but must be earned. He discusses how we can restore the balance in our relationship by means of changes in childhood development, education, conservation, building design, ethics, and everyday life. Kellert's moving book provides exactly what is needed now: a fresh understanding of how much our essential humanity relies on being a part of the natural world.

Escape from Freedom

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Essays on destructive influences of the modern environment on human behavior.

Beyond the Chains of Illusion

A guide to well-being from the renowned social psychologist and New York Times–bestselling author of *The Art of Loving* and *Escape from Freedom*. Though laptops, smartphones, and TVs have in many ways made life more convenient, they have also disconnected us from the real world. Days are spent going from screen to machine, machine to screen. In *The Art of Being*, renowned humanist philosopher and psychoanalyst Erich Fromm draws from sources as varied as Sigmund Freud, Buddha, and Karl Marx to find a new, centered path to self-knowledge and well-being. In order to truly live, Fromm argues, we must first understand our purpose, and the places where we lost it. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author’s estate.

The Anatomy of Human Destructiveness

On Disobedience and Other Essays

Profound insights into Karl Marx and Sigmund Freud from the “prolific and eclectic” social theorist and bestselling author of *Escape from Freedom* (*The Washington Post*). According to renowned psychoanalyst Erich Fromm, three people shaped the essential character of the twentieth century: Albert

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Einstein, Karl Marx, and Sigmund Freud. While the first two figures had a great physical and political impact on the world, Fromm believes that Freud had an even deeper impact, because he changed how we think about ourselves. *Beyond the Chains of Illusion* is one of Fromm's most autobiographical works, as Fromm not only comments on the ideas of Freud and Marx, but also crystallizes his own theories on social character and unconscious values. The book brilliantly summarizes Fromm's ideas on how culture and society shape our behavior. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

Histories of Violence

"The Heart of Man questions human nature itself, from the forms of violence that plague it to individual and social narcissism to how the positive value of "love of life" can potentially outweigh the destructive "syndrome of decay" caused by the love of death and other harmful tendencies of thought. [The American Mental Health Foundation's Fromm titles] are timely, directly relevant to modern psychological and social issues, and bring absolutely invaluable humanist messages to temper psychology's scientific and healing discipline. Highly recommended, especially for college library collections." --Midwest Book Review

Fromm's follow-up to *Escape from Freedom* and *The Art of Loving* is a keen study of violence on a small scale leading to the specter of mass destruction.

The Pathology of Normalcy

Using psychodynamic theory and riveting case material, this book dissects the figure of the malignant narcissist leader (MNL). Across the world today, individuals and societies are impacted by unprecedented disruptive influences, from globalization and climate change to economic uncertainty and mass migration. The rise of populists and would-be saviors has promised certainty for anxious populations, but how far are such leaders suffering from the MNL pathology? Through the psychoanalytic lens of Otto Kernberg, the authors explain the etiology of the charismatic MNL's clinical features: charisma, grandiosity, criminality, sadism, and paranoia. The book outlines the limitations and complexity of diagnosis, contextualizing the MNL within the transcendental and millenarian movements, and discusses the patho-dynamics of high-pressure groups and totalitarian regimes, including types of groups, methods of mind control, categories of constituents, the corporate totalitarian state, and the authoritarian demagogue. The book looks at a wide range of leaders including Donald Trump, Bhagwan Shree Rajneesh, Roger Ailes, Keith Raniere, Jan of Leiden, and Credonia Mwerinde. Distinguishing the disordered personality of the MNL from other personality disorders, and presenting a new model of overlapping descriptors to categorize high-pressure group types and identifying types of followers as well, this book represents essential reading for psychodynamically minded psychologists, psychiatrists, social workers, sociologists, political

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scientists, and those working in organizational development.

The Goodness Paradox

"Biophilia" is the term coined by Edward O. Wilson to describe what he believes is humanity's innate affinity for the natural world. In his landmark book *Biophilia*, he examined how our tendency to focus on life and lifelike processes might be a biologically based need, integral to our development as individuals and as a species. That idea has caught the imagination of diverse thinkers. The Biophilia Hypothesis brings together the views of some of the most creative scientists of our time, each attempting to amplify and refine the concept of biophilia. The variety of perspectives -- psychological, biological, cultural, symbolic, and aesthetic -- frame the theoretical issues by presenting empirical evidence that supports or refutes the hypothesis. Numerous examples illustrate the idea that biophilia and its converse, biophobia, have a genetic component: fear, and even full-blown phobias of snakes and spiders are quick to develop with very little negative reinforcement, while more threatening modern artifacts -- knives, guns, automobiles -- rarely elicit such a response. People find trees that are climbable and have a broad, umbrella-like canopy more attractive than trees without these characteristics; people would rather look at water, green vegetation, or flowers than built structures of glass and concrete. The biophilia hypothesis, if substantiated, provides a powerful argument for the conservation of biological diversity.

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More important, it implies serious consequences for our well-being as society becomes further estranged from the natural world. Relentless environmental destruction could have a significant impact on our quality of life, not just materially but psychologically and even spiritually.

The Forgotten Language

While there is a tacit appreciation that freedom from violence will lead to more prosperous relations among peoples, violence continues to be deployed for various political and social ends. Yet the problem of violence still defies neat description, subject to many competing interpretations. *Histories of Violence* offers an accessible yet compelling examination of the problem of violence as it appears in the corpus of canonical figures – from Hannah Arendt to Frantz Fanon, Michel Foucault to Slavoj Žižek – who continue to influence and inform contemporary political, philosophical, sociological, cultural, and anthropological study. Written by a team of internationally renowned experts, this is an essential interrogation of post-war critical thought as it relates to violence.

On Being Human

“A fascinating new analysis of human violence, filled with fresh ideas and gripping evidence from our primate cousins, historical forebears, and contemporary neighbors.” —Steven Pinker, author of *The Better Angels of Our Nature* We Homo sapiens

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can be the nicest of species and also the nastiest. What occurred during human evolution to account for this paradox? What are the two kinds of aggression that primates are prone to, and why did each evolve separately? How does the intensity of violence among humans compare with the aggressive behavior of other primates? How did humans domesticate themselves? And how were the acquisition of language and the practice of capital punishment determining factors in the rise of culture and civilization? Authoritative, provocative, and engaging, *The Goodness Paradox* offers a startlingly original theory of how, in the last 250 million years, humankind became an increasingly peaceful species in daily interactions even as its capacity for coolly planned and devastating violence remains undiminished. In tracing the evolutionary histories of reactive and proactive aggression, biological anthropologist Richard Wrangham forcefully and persuasively argues for the necessity of social tolerance and the control of savage divisiveness still haunting us today.

Zen Buddhism & Psychoanalysis

After President Trump's election, BREXIT and the widespread rise of far-Right political parties, much public discussion has intensely focused on populism and authoritarianism. In the middle of the twentieth century, members of the early Frankfurt School prolifically studied and theorized fascism and anti-Semitism in Germany and the United States. In this volume, leading European and American scholars

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apply insights from the early Frankfurt School to present-day authoritarian populism, including the Trump phenomenon and related developments across the globe. Chapters are arranged into three sections exploring different aspects of the topic: theories, historical foundations, and manifestations via social media. Contributions examine the vital political, psychological and anthropological theories of early Frankfurt School thinkers, and how their insights could be applied now amidst the insecurities and confusions of twenty-first century life. The many theorists considered include Adorno, Fromm, Löwenthal and Marcuse, alongside analysis of Austrian Facebook pages and Trump's tweets and operatic media drama. This book is a major contribution towards deeper understanding of populism's resurgence in the age of digital capitalism.

Life's Operating Manual

May Man Prevail?

Erich Fromm fought long and hard for the rights and freedoms of the individual. He also recognized that fundamental to this pursuit is the promotion of self-knowledge. In encouraging people to analyze their own behavior, Fromm identified the crucial link between psychology and ethics that underpins all our actions. Moreover, he saw in this a way out of the meaningless impasse which he regarded as the plight of the modern human race. The task that Fromm sets himself, therefore, in *Man for Himself* is no less than

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to identify "what man is, how he ought to live, and how the tremendous energies within man can be released and used productively." The resulting book is ample witness to Fromm's success. It makes for exciting, illuminating, even life-changing reading.

Critical Theory and Authoritarian Populism

"Explaining the Donald Trump phenomenon is a challenge that will occupy critical theorists of U.S. politics for years to come. Firstly, Donald Trump won the Republican primary contest and is now a contender in the U.S. Presidential Election because he is the master of media spectacle, which he has deployed to create resonant images of himself in his business career, in his effort to become a celebrity and reality-TV superstar, and now his political campaign. More disturbingly, Trump embodies Authoritarian Populism and has used racism, nationalism, xenophobia, Islamophobia, and the disturbing underside of American politics to mobilize his supporters in his successful Republican primary campaign and in the hotly contested 2016 general election. The Trump phenomenon is a teachable moment that helps us understand the changes and contour of U.S. politics in the contemporary moment and the role of broadcast media, new media and social networking, and the politics of the spectacle. Trump reveals the threat of authoritarian populism, a phenomenon that is now global in scope, and the dangers of the rise to power of an individual who is highly destructive, who represents the worst of the 1

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percent billionaire business class who masquerades as a “voice of the forgotten man” as he advances a political agenda that largely benefits the rich and the military, and who is a clear and present danger to U.S. democracy and global peace. The book documents how Trump’s rise to global celebrity and now political power is bound up with his use of media spectacle and how his use of authoritarian populism has created a mass movement beyond his presidency and a danger to the traditions of U.S. democracy as well as economic security and world peace.”

Fathoms

"A Touchstone book." Includes bibliographical references.

Birthright

An engulfing study of the turmoil and uncertainty that pervaded the early 1960s, when the world was preoccupied with the threat of a nuclear holocaust. The early 1960s were a time of existential unease across the world. The constant threat of a nuclear bomb—and of mutually assured destruction—led to a palpable sense that nuclear holocaust could occur any day. It was in this Cold War environment that social psychologist Erich Fromm wrote *May Man Prevail?* By analyzing the enemy stereotypes and mutual projections that were prevalent in the foreign policies of the Soviet Union and the United States, Fromm pointed to the anxieties on both sides and illustrates how paranoid thinking in the political realm can be

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extremely dangerous. With his excellent psychological analysis of the mindsets of the major players of the time, Fromm helped us overcome the Cold War's ideologies and fictions. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

Weekly Weather and Crop Bulletin

The Fear of Freedom

Renowned psychoanalyst Erich Fromm investigates the universal language of symbols, expressed through dream and myths, and how it illuminates our humanity. In this study, Erich Fromm opens up the world of symbolic language, "the one foreign language that each of us must learn." Understanding symbols, he posits, helps us reach the hidden layers of our individual personalities, as well as connect with our common human experiences. By grasping the symbolic language of dreams, Fromm explains, we can then also understand the deeper wisdom of myths, art, and literature. This also gives us access to what we, and our society, usually repress. Fromm shares the history of dream interpretations, and demonstrates his analysis of many types of dreams. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

Creative Arts in Humane Medicine

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The key book in our quest for understanding of ourselves and our lives. What differences are there in Eastern and Western thought regarding the nature of the human mind and our role in the cosmos? How can Zen and psychoanalysis help us in our struggle to realise our full potential as human beings and members of society? Erich Fromm's seminal work among contemporary efforts to resolve our spiritual crisis results here in the great achievement of a language to reveal the contributions of Zen and psychoanalysis to our 'struggle to be fully born'. He shows how both can teach us in their different ways to live our lives rather than be 'lived by them'. D.T. Suzuki explains with profound and gentle wisdom how Western materialism and intellectualism contrast with the Eastern concept of acceptance as the basis of well-being for the 'whole man'. His illuminating discussion of the unconscious and the self shed fresh light on our understanding of our own nature. Combined with Richard De Martino's clear account of the psychology of Zen, these writings make up a work of brilliance and value that has much to help us in our quest for understanding.

The Nature of Man

Verzameling teksten van filosofen

The Revolution of Hope

The Art of Listening

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A brilliant psychoanalytical and historical work which asks - is the fear of freedom the root of the twentieth century's predilection for one or other kind of totalitarianism?

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